






























## Atlantic Highlands, NJ - Feb 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:19	5.4	6:46	4.7	12:06	-0.6	12:46	-0.9	7:05	5:14	
2	Sat	7:06	5.5	7:32	4.8	12:58	-0.7	1:34	-1.0	7:04	5:15	
3	Sun	7:51	5.4	8:17	4.8	1:47	-0.7	2:18	-1.0	7:03	5:16	
4	Mon	8:35	5.2	9:01	4.8	2:33	-0.7	2:58	-0.9	7:02	5:18	
5	Tue	9:18	4.9	9:44	4.6	3:15	-0.5	3:35	-0.7	7:00	5:19	
6	Wed	10:01	4.6	10:28	4.5	3:56	-0.3	4:11	-0.4	6:59	5:20	
7	Thu	10:46	4.2	11:12	4.3	4:36	0.0	4:46	-0.1	6:58	5:21	
8	Fri	11:33	3.9	11:57	4.2	5:19	0.3	5:24	0.2	6:57	5:22	
9	Sat			12:20	3.7	6:10	0.6	6:08	0.4	6:56	5:24	
10	Sun	12:42	4.0	1:09	3.5	7:11	0.8	7:05	0.6	6:55	5:25	
11	Mon	1:29	4.0	2:01	3.3	8:17	0.8	8:09	0.7	6:54	5:26	
12	Tue	2:22	3.9	3:01	3.3	9:18	0.7	9:11	0.6	6:52	5:27	
13	Wed	3:21	4.0	4:03	3.5	10:12	0.5	10:06	0.4	6:51	5:28	
14	Thu	4:21	4.2	4:58	3.7	11:00	0.2	10:57	0.2	6:50	5:30	
15	Fri	5:13	4.5	5:45	4.0	11:46	-0.1	11:45	-0.1	6:49	5:31	
16	Sat	5:57	4.8	6:28	4.4			12:30	-0.4	6:47	5:32	
17	Sun	6:38	5.0	7:08	4.7	12:32	-0.4	1:12	-0.6	6:46	5:33	
18	Mon	7:19	5.2	7:48	4.9	1:19	-0.6	1:54	-0.8	6:45	5:34	
19	Tue	8:00	5.2	8:30	5.1	2:06	-0.8	2:34	-0.9	6:43	5:36	
20	Wed	8:43	5.1	9:14	5.2	2:51	-0.8	3:14	-0.9	6:42	5:37	
21	Thu	9:30	4.9	10:04	5.2	3:37	-0.8	3:54	-0.8	6:40	5:38	
22	Fri	10:23	4.6	10:59	5.1	4:24	-0.6	4:38	-0.6	6:39	5:39	
23	Sat	11:21	4.4	11:57	5.0	5:18	-0.3	5:29	-0.3	6:38	5:40	
24	Sun			12:22	4.1	6:22	0.0	6:33	0.0	6:36	5:41	
25	Mon	12:57	4.9	1:24	4.0	7:34	0.1	7:47	0.1	6:35	5:43	
26	Tue	1:59	4.8	2:30	3.9	8:45	0.1	8:59	0.1	6:33	5:44	
27	Wed	3:06	4.7	3:40	4.0	9:49	-0.1	10:03	0.0	6:32	5:45	
28	Thu	4:12	4.8	4:45	4.3	10:45	-0.3	10:59	-0.2	6:30	5:46	