

































Atlantic Highlands, NJ - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:37	5.0	9:38	5.5	3:43	0.0	3:48	0.4	5:53	8:11	
2	Fri	10:17	5.1	10:19	5.3	4:19	0.0	4:30	0.4	5:54	8:10	
3	Sat	11:01	5.2	11:06	5.1	4:54	0.0	5:13	0.5	5:55	8:08	
4	Sun	11:51	5.3	11:59	4.9	5:31	0.1	6:02	0.6	5:56	8:07	
5	Mon			12:45	5.4	6:15	0.3	7:02	0.7	5:57	8:06	
6	Tue	12:58	4.7	1:41	5.5	7:10	0.4	8:12	0.8	5:58	8:05	
7	Wed	1:58	4.6	2:39	5.6	8:18	0.5	9:25	0.7	5:59	8:04	
8	Thu	3:02	4.5	3:42	5.6	9:30	0.5	10:31	0.5	6:00	8:03	
9	Fri	4:11	4.5	4:49	5.7	10:36	0.4	11:30	0.3	6:01	8:01	
10	Sat	5:21	4.7	5:53	5.9	11:37	0.2			6:02	8:00	
11	Sun	6:23	5.0	6:49	6.1	12:25	0.0	12:35	0.0	6:03	7:59	
12	Mon	7:18	5.3	7:39	6.2	1:17	-0.3	1:29	-0.1	6:04	7:57	
13	Tue	8:08	5.5	8:27	6.1	2:07	-0.4	2:22	-0.1	6:05	7:56	
14	Wed	8:55	5.6	9:13	6.0	2:54	-0.5	3:12	-0.1	6:06	7:55	
15	Thu	9:41	5.6	9:58	5.7	3:38	-0.4	3:58	0.1	6:07	7:53	
16	Fri	10:27	5.5	10:44	5.3	4:18	-0.2	4:42	0.3	6:08	7:52	
17	Sat	11:13	5.3	11:32	5.0	4:57	0.0	5:25	0.6	6:09	7:51	
18	Sun			12:00	5.1	5:34	0.4	6:10	0.9	6:10	7:49	
19	Mon	12:20	4.7	12:46	5.0	6:13	0.7	7:01	1.2	6:11	7:48	
20	Tue	1:10	4.4	1:33	4.8	6:58	1.0	8:01	1.4	6:12	7:46	
21	Wed	1:59	4.2	2:20	4.8	7:52	1.2	9:04	1.4	6:13	7:45	
22	Thu	2:50	4.1	3:10	4.7	8:53	1.3	10:03	1.3	6:14	7:43	
23	Fri	3:45	4.0	4:05	4.7	9:54	1.3	10:56	1.1	6:15	7:42	
24	Sat	4:45	4.1	5:02	4.9	10:48	1.1	11:43	0.9	6:16	7:40	
25	Sun	5:40	4.3	5:54	5.1	11:38	0.9			6:17	7:39	
26	Mon	6:29	4.6	6:39	5.3	12:27	0.6	12:26	0.7	6:17	7:37	
27	Tue	7:11	4.9	7:19	5.5	1:10	0.4	1:12	0.5	6:18	7:36	
28	Wed	7:50	5.2	7:58	5.6	1:51	0.2	1:58	0.3	6:19	7:34	
29	Thu	8:28	5.4	8:36	5.7	2:32	0.0	2:44	0.2	6:20	7:33	
30	Fri	9:07	5.6	9:17	5.6	3:11	-0.1	3:29	0.1	6:21	7:31	
31	Sat	9:49	5.7	10:01	5.4	3:50	-0.1	4:13	0.1	6:22	7:29	