
































Atlantic Highlands, NJ - Sep 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:35	5.8	10:50	5.2	4:29	0.0	4:59	0.2	6:23	7:28	
2	Mon	11:27	5.7	11:47	4.9	5:10	0.1	5:50	0.4	6:24	7:26	
3	Tue			12:25	5.7	5:56	0.3	6:49	0.6	6:25	7:25	
4	Wed	12:49	4.7	1:25	5.6	6:54	0.5	7:59	0.8	6:26	7:23	
5	Thu	1:52	4.6	2:26	5.5	8:07	0.7	9:11	0.7	6:27	7:21	
6	Fri	2:56	4.6	3:30	5.5	9:21	0.7	10:16	0.6	6:28	7:20	
7	Sat	4:03	4.7	4:35	5.6	10:28	0.6	11:14	0.3	6:29	7:18	
8	Sun	5:10	4.9	5:38	5.7	11:28	0.4			6:30	7:16	
9	Mon	6:09	5.2	6:32	5.8	12:06	0.1	12:23	0.2	6:31	7:15	
10	Tue	7:00	5.5	7:20	5.9	12:55	-0.1	1:14	0.1	6:32	7:13	
11	Wed	7:46	5.7	8:05	5.8	1:41	-0.2	2:03	0.0	6:33	7:12	
12	Thu	8:29	5.8	8:47	5.7	2:24	-0.2	2:50	0.1	6:34	7:10	
13	Fri	9:10	5.8	9:29	5.5	3:06	-0.1	3:34	0.2	6:35	7:08	
14	Sat	9:50	5.6	10:12	5.2	3:44	0.1	4:15	0.3	6:36	7:07	
15	Sun	10:31	5.4	10:57	4.8	4:21	0.3	4:55	0.6	6:37	7:05	
16	Mon	11:14	5.2	11:44	4.5	4:56	0.6	5:35	0.9	6:38	7:03	
17	Tue			12:00	5.0	5:31	0.9	6:20	1.1	6:39	7:01	
18	Wed	12:35	4.3	12:48	4.8	6:11	1.2	7:14	1.4	6:40	7:00	
19	Thu	1:26	4.1	1:37	4.7	7:02	1.4	8:18	1.5	6:41	6:58	
20	Fri	2:17	4.1	2:28	4.6	8:08	1.5	9:21	1.4	6:42	6:56	
21	Sat	3:11	4.1	3:21	4.7	9:16	1.5	10:17	1.2	6:42	6:55	
22	Sun	4:07	4.2	4:18	4.8	10:16	1.3	11:05	0.9	6:43	6:53	
23	Mon	5:03	4.5	5:14	5.0	11:09	1.0	11:50	0.7	6:44	6:51	
24	Tue	5:53	4.8	6:04	5.2	11:58	0.7			6:45	6:50	
25	Wed	6:37	5.2	6:48	5.5	12:32	0.4	12:46	0.4	6:46	6:48	
26	Thu	7:18	5.6	7:30	5.6	1:14	0.1	1:33	0.1	6:47	6:46	
27	Fri	7:58	5.9	8:13	5.7	1:56	0.0	2:22	-0.1	6:48	6:45	
28	Sat	8:39	6.1	8:57	5.6	2:39	-0.2	3:10	-0.2	6:49	6:43	
29	Sun	9:24	6.2	9:44	5.4	3:23	-0.2	3:58	-0.2	6:50	6:41	
30	Mon	10:13	6.2	10:38	5.2	4:07	-0.1	4:46	-0.1	6:51	6:40	