

































## Atlantic Highlands, NJ - Oct 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:08	6.0	11:38	5.0	4:53	0.1	5:38	0.1	6:52	6:38	
2	Wed			12:09	5.8	5:44	0.3	6:37	0.4	6:53	6:36	
3	Thu	12:42	4.8	1:12	5.6	6:45	0.6	7:44	0.6	6:54	6:35	
4	Fri	1:46	4.7	2:14	5.5	7:58	0.8	8:54	0.6	6:55	6:33	
5	Sat	2:49	4.8	3:15	5.4	9:12	0.8	9:58	0.5	6:56	6:32	
6	Sun	3:52	4.9	4:18	5.3	10:18	0.7	10:53	0.3	6:57	6:30	
7	Mon	4:54	5.1	5:18	5.4	11:16	0.5	11:43	0.1	6:58	6:28	
8	Tue	5:50	5.3	6:11	5.4			12:08	0.3	6:59	6:27	
9	Wed	6:39	5.6	6:58	5.5	12:28	0.0	12:56	0.2	7:00	6:25	
10	Thu	7:22	5.8	7:41	5.4	1:11	0.0	1:42	0.2	7:02	6:24	
11	Fri	8:01	5.8	8:22	5.3	1:52	0.1	2:27	0.1	7:03	6:22	
12	Sat	8:39	5.8	9:02	5.1	2:32	0.2	3:09	0.2	7:04	6:21	
13	Sun	9:16	5.6	9:43	4.9	3:10	0.3	3:49	0.3	7:05	6:19	
14	Mon	9:53	5.4	10:25	4.6	3:47	0.5	4:28	0.5	7:06	6:17	
15	Tue	10:32	5.2	11:11	4.4	4:22	0.7	5:06	0.7	7:07	6:16	
16	Wed	11:13	5.0			4:57	0.9	5:46	1.0	7:08	6:14	
17	Thu	12:01	4.2	12:00	4.8	5:35	1.2	6:32	1.2	7:09	6:13	
18	Fri	12:53	4.1	12:51	4.6	6:19	1.4	7:29	1.3	7:10	6:11	
19	Sat	1:44	4.1	1:42	4.6	7:20	1.5	8:32	1.3	7:11	6:10	
20	Sun	2:34	4.1	2:34	4.6	8:33	1.5	9:30	1.1	7:12	6:09	
21	Mon	3:25	4.3	3:29	4.7	9:40	1.3	10:22	0.9	7:13	6:07	
22	Tue	4:19	4.6	4:27	4.8	10:37	1.0	11:08	0.6	7:14	6:06	
23	Wed	5:12	5.0	5:24	5.0	11:30	0.6	11:53	0.3	7:16	6:04	
24	Thu	6:01	5.5	6:16	5.2			12:20	0.2	7:17	6:03	
25	Fri	6:46	5.9	7:04	5.4	12:37	0.0	1:10	-0.1	7:18	6:02	
26	Sat	7:31	6.2	7:51	5.5	1:23	-0.2	2:01	-0.3	7:19	6:00	
27	Sun	8:16	6.4	8:39	5.5	2:10	-0.3	2:52	-0.5	7:20	5:59	
28	Mon	9:04	6.5	9:31	5.3	2:59	-0.4	3:43	-0.5	7:21	5:58	
29	Tue	9:56	6.3	10:27	5.2	3:49	-0.3	4:34	-0.4	7:22	5:56	
30	Wed	10:53	6.1	11:29	5.0	4:39	-0.1	5:26	-0.2	7:23	5:55	
31	Thu	11:55	5.8			5:33	0.2	6:22	0.0	7:25	5:54	