
































## Atlantic Highlands, NJ - Apr 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:01	4.1	3:48	3.8	9:53	0.9	10:01	1.0	6:39	7:20	
2	Wed	3:58	4.1	4:44	4.0	10:45	0.7	10:56	0.8	6:37	7:21	
3	Thu	4:57	4.2	5:37	4.4	11:31	0.4	11:46	0.5	6:36	7:22	
4	Fri	5:50	4.5	6:23	4.7			12:14	0.2	6:34	7:23	
5	Sat	6:36	4.7	7:04	5.1	12:33	0.2	12:56	0.0	6:33	7:24	
6	Sun	7:19	4.9	7:43	5.4	1:20	-0.1	1:38	-0.2	6:31	7:25	
7	Mon	7:59	5.0	8:21	5.6	2:06	-0.4	2:20	-0.3	6:29	7:26	
8	Tue	8:41	5.0	9:02	5.8	2:53	-0.5	3:03	-0.4	6:28	7:27	
9	Wed	9:25	5.0	9:47	5.8	3:38	-0.6	3:46	-0.4	6:26	7:28	
10	Thu	10:14	4.9	10:37	5.7	4:24	-0.6	4:29	-0.3	6:25	7:29	
11	Fri	11:09	4.7	11:33	5.5	5:12	-0.4	5:16	-0.1	6:23	7:30	
12	Sat			12:09	4.6	6:04	-0.2	6:10	0.2	6:22	7:31	
13	Sun	12:34	5.4	1:12	4.5	7:04	0.0	7:17	0.4	6:20	7:32	
14	Mon	1:36	5.2	2:13	4.6	8:11	0.1	8:32	0.5	6:19	7:33	
15	Tue	2:37	5.1	3:15	4.7	9:17	0.1	9:43	0.4	6:17	7:34	
16	Wed	3:39	5.0	4:18	4.8	10:18	0.0	10:47	0.3	6:15	7:35	
17	Thu	4:43	4.9	5:19	5.1	11:12	-0.1	11:43	0.0	6:14	7:36	
18	Fri	5:43	5.0	6:13	5.4			12:02	-0.3	6:13	7:37	
19	Sat	6:36	5.1	7:00	5.6	12:35	-0.1	12:48	-0.3	6:11	7:38	
20	Sun	7:23	5.1	7:43	5.7	1:24	-0.3	1:32	-0.3	6:10	7:40	
21	Mon	8:07	5.1	8:24	5.7	2:11	-0.3	2:16	-0.2	6:08	7:41	
22	Tue	8:50	5.0	9:03	5.6	2:56	-0.3	2:57	-0.1	6:07	7:42	
23	Wed	9:32	4.8	9:42	5.4	3:38	-0.2	3:36	0.1	6:05	7:43	
24	Thu	10:16	4.6	10:22	5.1	4:17	0.0	4:14	0.3	6:04	7:44	
25	Fri	11:01	4.4	11:03	4.9	4:56	0.2	4:50	0.6	6:03	7:45	
26	Sat	11:50	4.2	11:48	4.7	5:35	0.4	5:28	0.8	6:01	7:46	
27	Sun			12:40	4.1	6:17	0.7	6:11	1.1	6:00	7:47	
28	Mon	12:36	4.5	1:29	4.0	7:06	0.9	7:04	1.3	5:58	7:48	
29	Tue	1:25	4.3	2:17	4.1	8:03	1.0	8:12	1.4	5:57	7:49	
30	Wed	2:14	4.3	3:06	4.2	9:02	0.9	9:19	1.3	5:56	7:50	