

## Atlantic Highlands, NJ - Jul 2022

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:50	4.9	3:26	5.5	9:14	0.1	10:07	0.6	5:30	8:30	🌓
2	Fri	3:48	4.7	4:23	5.5	10:11	0.2	11:05	0.5	5:30	8:30	🌓
3	Sat	4:49	4.6	5:21	5.5	11:04	0.3	11:57	0.4	5:31	8:29	🌓
4	Sun	5:48	4.6	6:13	5.6	11:54	0.3			5:31	8:29	🌓
5	Mon	6:41	4.7	7:00	5.6	12:47	0.3	12:42	0.4	5:32	8:29	🌓
6	Tue	7:29	4.7	7:43	5.6	1:34	0.2	1:28	0.4	5:32	8:29	🌓
7	Wed	8:13	4.8	8:24	5.6	2:19	0.1	2:14	0.4	5:33	8:28	🌑
8	Thu	8:56	4.8	9:03	5.5	3:01	0.1	2:58	0.5	5:34	8:28	🌑
9	Fri	9:39	4.8	9:42	5.3	3:41	0.1	3:39	0.6	5:34	8:28	🌑
10	Sat	10:21	4.7	10:21	5.1	4:17	0.2	4:18	0.7	5:35	8:27	🌑
11	Sun	11:04	4.7	10:59	4.9	4:52	0.3	4:56	0.8	5:36	8:27	🌑
12	Mon	11:48	4.6	11:40	4.7	5:26	0.5	5:35	1.0	5:37	8:26	🌓
13	Tue			12:31	4.6	6:00	0.6	6:17	1.2	5:37	8:26	🌓
14	Wed	12:22	4.5	1:13	4.7	6:37	0.8	7:09	1.3	5:38	8:25	🌓
15	Thu	1:07	4.3	1:55	4.7	7:21	0.9	8:12	1.3	5:39	8:25	🌓
16	Fri	1:55	4.2	2:39	4.9	8:17	0.9	9:18	1.2	5:40	8:24	🌓
17	Sat	2:47	4.2	3:31	5.1	9:18	0.9	10:19	1.0	5:41	8:23	🌓
18	Sun	3:48	4.2	4:29	5.3	10:18	0.7	11:16	0.6	5:41	8:23	🌓
19	Mon	4:55	4.4	5:30	5.6	11:15	0.5			5:42	8:22	🌒
20	Tue	5:58	4.6	6:25	6.0	12:09	0.3	12:10	0.2	5:43	8:21	🌒
21	Wed	6:54	5.0	7:18	6.3	1:02	-0.1	1:05	0.0	5:44	8:20	🌒
22	Thu	7:47	5.3	8:08	6.5	1:54	-0.4	2:01	-0.2	5:45	8:20	🌒
23	Fri	8:38	5.5	8:59	6.5	2:45	-0.7	2:56	-0.4	5:46	8:19	🌒
24	Sat	9:31	5.7	9:51	6.3	3:34	-0.8	3:49	-0.4	5:47	8:18	🌒
25	Sun	10:25	5.8	10:45	6.1	4:22	-0.9	4:41	-0.3	5:47	8:17	🌒
26	Mon	11:21	5.8	11:41	5.8	5:09	-0.7	5:34	-0.1	5:48	8:16	🌒
27	Tue			12:18	5.7	5:57	-0.5	6:31	0.2	5:49	8:15	🌒
28	Wed	12:38	5.4	1:14	5.6	6:50	-0.2	7:34	0.5	5:50	8:14	🌒
29	Thu	1:34	5.1	2:08	5.5	7:47	0.2	8:40	0.7	5:51	8:13	🌓
30	Fri	2:29	4.8	3:02	5.4	8:47	0.4	9:45	0.7	5:52	8:12	🌓
31	Sat	3:26	4.6	3:58	5.3	9:46	0.6	10:44	0.7	5:53	8:11	🌓