

Atlantic Highlands, NJ - Jan 2023

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:06	5.7	7:32	4.7	12:58	-0.5	1:44	-0.8	7:19	4:40	🌑
2	Sun	7:51	5.8	8:20	4.8	1:48	-0.6	2:31	-1.0	7:19	4:41	🌑
3	Mon	8:39	5.7	9:10	4.8	2:37	-0.7	3:16	-1.1	7:19	4:42	🌑
4	Tue	9:31	5.6	10:05	4.9	3:26	-0.7	4:02	-1.0	7:19	4:43	🌑
5	Wed	10:26	5.3	11:03	4.9	4:17	-0.6	4:49	-0.9	7:19	4:44	🌑
6	Thu	11:24	5.0			5:12	-0.3	5:42	-0.7	7:19	4:45	🌑
7	Fri	12:01	4.9	12:22	4.8	6:15	-0.1	6:41	-0.5	7:19	4:46	🌑
8	Sat	12:58	4.9	1:19	4.5	7:25	0.1	7:43	-0.4	7:18	4:47	🌑
9	Sun	1:55	4.8	2:18	4.3	8:34	0.1	8:45	-0.3	7:18	4:48	🌑
10	Mon	2:54	4.8	3:21	4.2	9:37	0.0	9:43	-0.3	7:18	4:49	🌑
11	Tue	3:56	4.9	4:24	4.2	10:34	-0.2	10:36	-0.3	7:18	4:50	🌑
12	Wed	4:54	5.0	5:21	4.3	11:26	-0.3	11:26	-0.3	7:17	4:51	🌑
13	Thu	5:45	5.1	6:11	4.4			12:15	-0.4	7:17	4:52	🌑
14	Fri	6:30	5.1	6:57	4.5	12:14	-0.4	1:02	-0.5	7:17	4:53	🌑
15	Sat	7:12	5.1	7:40	4.5	1:01	-0.4	1:45	-0.6	7:16	4:54	🌑
16	Sun	7:52	5.0	8:22	4.4	1:45	-0.3	2:26	-0.6	7:16	4:55	🌑
17	Mon	8:31	4.9	9:03	4.4	2:27	-0.3	3:03	-0.5	7:15	4:56	🌑
18	Tue	9:10	4.7	9:45	4.3	3:06	-0.2	3:38	-0.4	7:15	4:57	🌑
19	Wed	9:49	4.4	10:28	4.1	3:43	0.0	4:12	-0.2	7:14	4:59	🌑
20	Thu	10:29	4.2	11:11	4.1	4:21	0.2	4:46	0.0	7:14	5:00	🌑
21	Fri	11:11	4.0	11:55	4.0	5:00	0.4	5:22	0.2	7:13	5:01	🌑
22	Sat	11:55	3.8			5:47	0.6	6:04	0.4	7:13	5:02	🌑
23	Sun	12:38	4.0	12:42	3.6	6:46	0.7	6:58	0.5	7:12	5:03	🌑
24	Mon	1:23	4.0	1:32	3.5	7:54	0.7	8:01	0.5	7:11	5:05	🌑
25	Tue	2:13	4.2	2:31	3.5	8:59	0.6	9:03	0.4	7:10	5:06	🌑
26	Wed	3:11	4.3	3:36	3.6	9:57	0.3	10:00	0.1	7:10	5:07	🌑
27	Thu	4:12	4.6	4:40	3.9	10:50	-0.1	10:54	-0.2	7:09	5:08	🌑
28	Fri	5:08	5.0	5:35	4.2	11:41	-0.5	11:46	-0.5	7:08	5:09	🌑
29	Sat	5:59	5.4	6:25	4.6			12:31	-0.8	7:07	5:11	🌑
30	Sun	6:47	5.7	7:13	4.9	12:39	-0.8	1:21	-1.1	7:06	5:12	🌑
31	Mon	7:35	5.8	8:02	5.1	1:32	-1.0	2:09	-1.3	7:05	5:13	🌑