



Atlantic Highlands, NJ - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:25	5.8	8:53	5.2	2:23	-1.1	2:55	-1.4	7:04	5:14	☀
2	Wed	9:16	5.6	9:46	5.2	3:14	-1.1	3:41	-1.4	7:03	5:15	☀
3	Thu	10:10	5.3	10:42	5.2	4:04	-1.0	4:28	-1.2	7:02	5:17	☀
4	Fri	11:06	5.0	11:39	5.0	4:57	-0.7	5:18	-0.9	7:01	5:18	☀
5	Sat			12:03	4.6	5:56	-0.3	6:14	-0.5	7:00	5:19	☀
6	Sun	12:35	4.9	1:01	4.3	7:03	-0.1	7:16	-0.2	6:59	5:20	☀
7	Mon	1:32	4.7	1:59	4.1	8:12	0.1	8:21	-0.1	6:58	5:22	☀
8	Tue	2:30	4.6	3:00	3.9	9:17	0.1	9:22	0.0	6:57	5:23	☀
9	Wed	3:32	4.5	4:04	3.9	10:15	0.0	10:17	0.0	6:56	5:24	☀
10	Thu	4:33	4.6	5:02	4.1	11:06	-0.1	11:08	-0.1	6:54	5:25	☀
11	Fri	5:25	4.7	5:52	4.2	11:53	-0.3	11:55	-0.2	6:53	5:26	☀
12	Sat	6:11	4.8	6:36	4.4			12:37	-0.4	6:52	5:28	☀
13	Sun	6:51	4.9	7:16	4.5	12:40	-0.3	1:18	-0.5	6:51	5:29	☀
14	Mon	7:30	4.9	7:55	4.6	1:23	-0.3	1:57	-0.5	6:49	5:30	☀
15	Tue	8:06	4.8	8:33	4.6	2:04	-0.3	2:33	-0.5	6:48	5:31	☀
16	Wed	8:42	4.6	9:10	4.5	2:42	-0.3	3:07	-0.4	6:47	5:32	☀
17	Thu	9:17	4.4	9:47	4.4	3:19	-0.2	3:39	-0.2	6:46	5:34	☀
18	Fri	9:53	4.2	10:24	4.3	3:54	0.0	4:09	-0.1	6:44	5:35	☀
19	Sat	10:30	4.0	11:03	4.2	4:30	0.2	4:39	0.1	6:43	5:36	☀
20	Sun	11:12	3.8	11:46	4.2	5:09	0.4	5:12	0.3	6:41	5:37	☀
21	Mon			12:00	3.7	5:58	0.6	5:57	0.5	6:40	5:38	☀
22	Tue	12:34	4.2	12:53	3.6	7:05	0.7	7:05	0.6	6:39	5:39	☀
23	Wed	1:27	4.3	1:53	3.6	8:18	0.6	8:22	0.5	6:37	5:41	☀
24	Thu	2:28	4.4	3:00	3.7	9:23	0.3	9:30	0.2	6:36	5:42	☀
25	Fri	3:36	4.6	4:09	4.0	10:20	-0.1	10:30	-0.1	6:34	5:43	☀
26	Sat	4:40	5.0	5:10	4.5	11:13	-0.5	11:27	-0.5	6:33	5:44	☀
27	Sun	5:36	5.4	6:03	5.0			12:05	-0.8	6:31	5:45	☀
28	Mon	6:28	5.7	6:53	5.4	12:21	-0.9	12:55	-1.2	6:30	5:46	☀