



## Atlantic Highlands, NJ - Apr 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:39	5.6	10:01	6.0	3:43	-1.1	3:55	-1.0	6:38	7:20	☀
2	Sat	10:33	5.4	10:54	5.8	4:32	-1.0	4:42	-0.8	6:37	7:21	☀
3	Sun	11:28	5.0	11:49	5.4	5:22	-0.7	5:30	-0.4	6:35	7:22	☀
4	Mon			12:25	4.7	6:14	-0.3	6:21	0.1	6:33	7:24	☀
5	Tue	12:45	5.1	1:22	4.5	7:12	0.1	7:20	0.5	6:32	7:25	☀
6	Wed	1:40	4.8	2:17	4.3	8:16	0.4	8:25	0.8	6:30	7:26	☀
7	Thu	2:35	4.5	3:12	4.2	9:19	0.5	9:30	0.9	6:29	7:27	☀
8	Fri	3:30	4.4	4:09	4.3	10:15	0.5	10:28	0.8	6:27	7:28	☀
9	Sat	4:28	4.3	5:05	4.4	11:04	0.5	11:19	0.6	6:25	7:29	☀
10	Sun	5:24	4.4	5:56	4.6	11:48	0.3			6:24	7:30	☀
11	Mon	6:13	4.5	6:40	4.9	12:05	0.4	12:29	0.2	6:22	7:31	☀
12	Tue	6:56	4.6	7:19	5.1	12:49	0.3	1:09	0.1	6:21	7:32	☀
13	Wed	7:36	4.7	7:56	5.2	1:32	0.1	1:48	0.1	6:19	7:33	☀
14	Thu	8:13	4.7	8:31	5.3	2:14	0.0	2:26	0.1	6:18	7:34	☀
15	Fri	8:48	4.7	9:04	5.3	2:55	-0.1	3:03	0.1	6:16	7:35	☀
16	Sat	9:23	4.6	9:37	5.2	3:34	-0.1	3:38	0.2	6:15	7:36	☀
17	Sun	9:59	4.4	10:10	5.1	4:11	0.0	4:12	0.4	6:13	7:37	☀
18	Mon	10:37	4.3	10:48	5.0	4:48	0.1	4:45	0.5	6:12	7:38	☀
19	Tue	11:22	4.2	11:35	5.0	5:27	0.2	5:21	0.6	6:10	7:39	☀
20	Wed			12:16	4.2	6:11	0.4	6:06	0.7	6:09	7:40	☀
21	Thu	12:32	4.9	1:14	4.3	7:06	0.5	7:11	0.9	6:07	7:41	☀
22	Fri	1:32	4.9	2:12	4.4	8:13	0.5	8:32	0.8	6:06	7:42	☀
23	Sat	2:34	4.9	3:14	4.7	9:20	0.3	9:47	0.6	6:05	7:43	☀
24	Sun	3:38	5.0	4:18	5.0	10:21	0.1	10:52	0.2	6:03	7:44	☀
25	Mon	4:46	5.1	5:21	5.4	11:17	-0.3	11:51	-0.2	6:02	7:45	☀
26	Tue	5:49	5.3	6:19	5.9			12:09	-0.5	6:00	7:46	☀
27	Wed	6:46	5.5	7:11	6.2	12:47	-0.5	1:01	-0.7	5:59	7:47	☀
28	Thu	7:38	5.6	8:01	6.4	1:41	-0.7	1:52	-0.8	5:58	7:48	☀
29	Fri	8:29	5.6	8:50	6.4	2:35	-0.9	2:43	-0.8	5:57	7:49	☀
30	Sat	9:21	5.5	9:39	6.2	3:26	-0.9	3:32	-0.6	5:55	7:50	☀