

Atlantic Highlands, NJ - Jul 2023

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:56	4.8	11:59	4.9	5:37	0.2	5:44	0.9	5:30	8:30	🌘
2	Sat			12:44	4.7	6:17	0.5	6:30	1.1	5:30	8:30	🌘
3	Sun	12:45	4.6	1:29	4.7	7:00	0.7	7:24	1.3	5:31	8:30	🌘
4	Mon	1:31	4.4	2:14	4.7	7:48	0.9	8:24	1.4	5:31	8:29	🌘
5	Tue	2:17	4.2	2:58	4.7	8:40	0.9	9:24	1.3	5:32	8:29	🌘
6	Wed	3:05	4.1	3:46	4.8	9:33	1.0	10:21	1.1	5:32	8:29	🌘
7	Thu	3:59	4.1	4:38	5.0	10:24	0.9	11:12	0.9	5:33	8:28	🌘
8	Fri	4:57	4.1	5:29	5.2	11:13	0.8			5:34	8:28	🌘
9	Sat	5:53	4.3	6:18	5.5	12:01	0.6	12:00	0.6	5:34	8:28	🌘
10	Sun	6:43	4.5	7:02	5.7	12:49	0.4	12:48	0.5	5:35	8:27	🌘
11	Mon	7:29	4.7	7:45	5.9	1:37	0.1	1:36	0.3	5:36	8:27	🌘
12	Tue	8:13	4.9	8:29	6.1	2:24	-0.1	2:26	0.2	5:36	8:26	🌘
13	Wed	8:59	5.1	9:15	6.1	3:10	-0.3	3:15	0.1	5:37	8:26	🌘
14	Thu	9:47	5.2	10:03	6.0	3:54	-0.5	4:03	0.0	5:38	8:25	🌘
15	Fri	10:38	5.3	10:55	5.8	4:38	-0.5	4:52	0.1	5:39	8:25	🌘
16	Sat	11:33	5.4	11:51	5.6	5:23	-0.4	5:44	0.2	5:40	8:24	🌘
17	Sun			12:30	5.5	6:11	-0.3	6:42	0.4	5:40	8:23	🌘
18	Mon	12:49	5.3	1:26	5.5	7:05	-0.1	7:49	0.6	5:41	8:23	🌘
19	Tue	1:46	5.1	2:22	5.6	8:04	0.1	8:58	0.6	5:42	8:22	🌘
20	Wed	2:44	4.9	3:19	5.6	9:07	0.2	10:04	0.5	5:43	8:21	🌘
21	Thu	3:45	4.8	4:19	5.6	10:08	0.2	11:04	0.4	5:44	8:21	🌘
22	Fri	4:49	4.7	5:20	5.6	11:05	0.2	11:59	0.2	5:45	8:20	🌘
23	Sat	5:51	4.8	6:16	5.7	11:58	0.2			5:45	8:19	🌘
24	Sun	6:46	4.9	7:06	5.8	12:50	0.1	12:49	0.2	5:46	8:18	🌘
25	Mon	7:35	5.0	7:51	5.8	1:39	0.0	1:39	0.2	5:47	8:17	🌘
26	Tue	8:21	5.1	8:34	5.7	2:26	-0.1	2:27	0.2	5:48	8:16	🌘
27	Wed	9:06	5.1	9:15	5.6	3:09	-0.1	3:12	0.3	5:49	8:15	🌘
28	Thu	9:49	5.1	9:56	5.4	3:49	0.0	3:54	0.4	5:50	8:14	🌘
29	Fri	10:33	5.0	10:38	5.1	4:26	0.1	4:33	0.6	5:51	8:13	🌘
30	Sat	11:17	4.9	11:20	4.8	5:01	0.3	5:13	0.8	5:52	8:12	🌘
31	Sun			12:01	4.8	5:36	0.5	5:53	1.0	5:53	8:11	🌘