

## Atlantic Highlands, NJ - Jul 2024

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:11	4.6	8:22	5.6	2:17	0.2	2:16	0.6	5:29	8:30	☾
2	Sun	8:50	4.6	8:59	5.6	3:00	0.1	2:59	0.5	5:30	8:30	☾
3	Mon	9:30	4.6	9:37	5.6	3:40	0.0	3:40	0.5	5:30	8:30	☾
4	Tue	10:11	4.7	10:19	5.5	4:19	0.0	4:21	0.5	5:31	8:29	☾
5	Wed	10:56	4.8	11:05	5.4	4:57	0.0	5:03	0.6	5:32	8:29	☾
6	Thu	11:46	4.9	11:58	5.2	5:37	0.0	5:49	0.7	5:32	8:29	☾
7	Fri			12:39	5.0	6:21	0.1	6:46	0.8	5:33	8:29	☾
8	Sat	12:54	5.1	1:33	5.2	7:13	0.2	7:55	0.8	5:33	8:28	☾
9	Sun	1:50	5.0	2:27	5.4	8:14	0.2	9:07	0.7	5:34	8:28	☾
10	Mon	2:49	4.9	3:26	5.6	9:17	0.2	10:14	0.5	5:35	8:27	☾
11	Tue	3:53	4.8	4:29	5.7	10:18	0.1	11:15	0.2	5:36	8:27	☾
12	Wed	5:00	4.9	5:32	6.0	11:17	-0.1			5:36	8:26	☾
13	Thu	6:04	5.0	6:30	6.2	12:12	0.0	12:13	-0.2	5:37	8:26	☾
14	Fri	7:02	5.2	7:23	6.3	1:07	-0.3	1:08	-0.2	5:38	8:25	☾
15	Sat	7:55	5.4	8:13	6.3	2:00	-0.4	2:03	-0.2	5:39	8:25	☾
16	Sun	8:46	5.4	9:02	6.1	2:52	-0.5	2:55	-0.2	5:39	8:24	☾
17	Mon	9:37	5.4	9:50	5.9	3:39	-0.5	3:45	0.0	5:40	8:24	☾
18	Tue	10:27	5.3	10:38	5.6	4:24	-0.4	4:31	0.2	5:41	8:23	☾
19	Wed	11:18	5.2	11:27	5.3	5:06	-0.2	5:16	0.4	5:42	8:22	☾
20	Thu			12:08	5.1	5:48	0.1	6:02	0.7	5:43	8:22	☾
21	Fri	12:16	4.9	12:56	5.0	6:31	0.4	6:53	1.0	5:43	8:21	☾
22	Sat	1:04	4.7	1:43	4.9	7:17	0.7	7:49	1.2	5:44	8:20	☾
23	Sun	1:51	4.4	2:29	4.9	8:07	0.9	8:49	1.3	5:45	8:19	☾
24	Mon	2:39	4.2	3:16	4.8	9:01	1.0	9:48	1.2	5:46	8:18	☾
25	Tue	3:30	4.1	4:06	4.9	9:53	1.0	10:41	1.1	5:47	8:17	☾
26	Wed	4:26	4.1	4:59	5.0	10:44	1.0	11:31	0.9	5:48	8:17	☾
27	Thu	5:24	4.2	5:50	5.2	11:32	0.8			5:49	8:16	☾
28	Fri	6:16	4.3	6:36	5.4	12:17	0.6	12:18	0.7	5:50	8:15	☾
29	Sat	7:02	4.5	7:18	5.6	1:03	0.4	1:04	0.6	5:51	8:14	☾
30	Sun	7:43	4.7	7:57	5.7	1:48	0.2	1:50	0.5	5:52	8:13	☾
31	Mon	8:24	4.9	8:37	5.8	2:32	0.0	2:36	0.3	5:52	8:12	☾