



Atlantic Highlands, NJ - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:04	5.0	9:17	5.8	3:14	-0.1	3:21	0.3	5:53	8:11	☉
2	Wed	9:46	5.2	10:01	5.7	3:54	-0.2	4:05	0.2	5:54	8:10	☉
3	Thu	10:32	5.2	10:49	5.5	4:34	-0.2	4:50	0.3	5:55	8:08	☉
4	Fri	11:22	5.3	11:42	5.3	5:15	-0.2	5:38	0.4	5:56	8:07	☾
5	Sat			12:17	5.4	5:59	-0.1	6:33	0.5	5:57	8:06	☾
6	Sun	12:39	5.1	1:13	5.5	6:50	0.1	7:40	0.7	5:58	8:05	☾
7	Mon	1:37	5.0	2:10	5.5	7:51	0.3	8:51	0.7	5:59	8:04	☾
8	Tue	2:37	4.8	3:09	5.6	8:58	0.3	9:59	0.6	6:00	8:02	☾
9	Wed	3:40	4.8	4:12	5.6	10:03	0.3	11:01	0.3	6:01	8:01	☾
10	Thu	4:46	4.8	5:17	5.7	11:03	0.2	11:57	0.1	6:02	8:00	☾
11	Fri	5:50	5.0	6:16	5.9			12:00	0.1	6:03	7:59	☾
12	Sat	6:47	5.2	7:08	6.0	12:50	-0.1	12:54	0.0	6:04	7:57	☾
13	Sun	7:38	5.4	7:56	6.0	1:40	-0.2	1:46	0.0	6:05	7:56	☾
14	Mon	8:26	5.5	8:41	5.9	2:28	-0.3	2:36	0.0	6:06	7:55	☾
15	Tue	9:12	5.5	9:25	5.7	3:13	-0.3	3:22	0.1	6:07	7:53	☾
16	Wed	9:57	5.4	10:08	5.5	3:55	-0.2	4:06	0.2	6:08	7:52	☾
17	Thu	10:42	5.3	10:53	5.2	4:33	0.0	4:48	0.4	6:09	7:51	☾
18	Fri	11:28	5.2	11:38	4.9	5:10	0.3	5:29	0.7	6:10	7:49	☾
19	Sat			12:14	5.0	5:47	0.6	6:13	1.0	6:11	7:48	☾
20	Sun	12:25	4.6	1:00	4.9	6:27	0.8	7:03	1.2	6:12	7:46	☾
21	Mon	1:13	4.4	1:46	4.8	7:13	1.1	8:02	1.3	6:13	7:45	☾
22	Tue	2:01	4.2	2:32	4.8	8:08	1.3	9:04	1.4	6:14	7:43	☾
23	Wed	2:51	4.1	3:22	4.8	9:09	1.3	10:03	1.2	6:15	7:42	☾
24	Thu	3:46	4.1	4:17	4.9	10:07	1.2	10:56	1.0	6:16	7:40	☾
25	Fri	4:46	4.2	5:12	5.1	11:00	1.0	11:45	0.7	6:17	7:39	☾
26	Sat	5:42	4.4	6:03	5.3	11:50	0.8			6:18	7:37	☉
27	Sun	6:30	4.7	6:48	5.6	12:30	0.4	12:38	0.6	6:18	7:36	☉
28	Mon	7:14	5.0	7:31	5.8	1:15	0.2	1:25	0.3	6:19	7:34	☉
29	Tue	7:55	5.3	8:13	6.0	2:00	-0.1	2:13	0.1	6:20	7:33	☉
30	Wed	8:37	5.6	8:56	6.0	2:44	-0.3	3:01	0.0	6:21	7:31	☉
31	Thu	9:21	5.7	9:42	5.9	3:27	-0.4	3:48	-0.1	6:22	7:29	☉