






























Atlantic Highlands, NJ - Oct 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:39	6.2	11:12	5.4	4:31	-0.4	5:12	-0.2	6:52	6:38	
2	Mon	11:37	6.0			5:20	-0.1	6:07	0.1	6:53	6:36	
3	Tue	12:14	5.2	12:38	5.8	6:14	0.2	7:10	0.4	6:54	6:35	
4	Wed	1:16	5.0	1:39	5.6	7:18	0.5	8:19	0.5	6:55	6:33	
5	Thu	2:17	4.9	2:39	5.4	8:28	0.7	9:26	0.5	6:56	6:32	
6	Fri	3:17	4.9	3:40	5.3	9:37	0.8	10:26	0.4	6:57	6:30	
7	Sat	4:19	5.0	4:41	5.2	10:38	0.7	11:18	0.3	6:58	6:28	
8	Sun	5:18	5.1	5:39	5.3	11:32	0.5			6:59	6:27	
9	Mon	6:10	5.4	6:28	5.4	12:05	0.2	12:21	0.4	7:01	6:25	
10	Tue	6:56	5.6	7:12	5.4	12:49	0.1	1:07	0.3	7:02	6:24	
11	Wed	7:37	5.7	7:52	5.4	1:30	0.1	1:51	0.2	7:03	6:22	
12	Thu	8:15	5.7	8:31	5.3	2:10	0.2	2:34	0.2	7:04	6:20	
13	Fri	8:53	5.7	9:09	5.1	2:48	0.2	3:15	0.2	7:05	6:19	
14	Sat	9:30	5.5	9:48	4.9	3:25	0.4	3:54	0.3	7:06	6:17	
15	Sun	10:07	5.4	10:27	4.6	4:00	0.6	4:31	0.5	7:07	6:16	
16	Mon	10:45	5.1	11:10	4.4	4:33	0.8	5:09	0.7	7:08	6:14	
17	Tue	11:26	4.9	11:58	4.2	5:06	1.0	5:48	0.9	7:09	6:13	
18	Wed			12:12	4.8	5:42	1.2	6:34	1.1	7:10	6:11	
19	Thu	12:49	4.1	1:02	4.7	6:26	1.4	7:32	1.2	7:11	6:10	
20	Fri	1:40	4.1	1:54	4.7	7:31	1.5	8:36	1.1	7:12	6:09	
21	Sat	2:32	4.2	2:48	4.8	8:48	1.4	9:36	0.9	7:13	6:07	
22	Sun	3:26	4.4	3:46	4.9	9:55	1.2	10:30	0.6	7:14	6:06	
23	Mon	4:24	4.7	4:47	5.1	10:53	0.8	11:20	0.3	7:16	6:04	
24	Tue	5:21	5.2	5:44	5.4	11:46	0.4			7:17	6:03	
25	Wed	6:13	5.7	6:37	5.6	12:07	-0.1	12:38	0.0	7:18	6:02	
26	Thu	7:01	6.1	7:26	5.8	12:54	-0.4	1:30	-0.3	7:19	6:00	
27	Fri	7:48	6.4	8:15	5.9	1:43	-0.6	2:23	-0.6	7:20	5:59	
28	Sat	8:36	6.6	9:06	5.8	2:33	-0.7	3:15	-0.7	7:21	5:58	
29	Sun	9:27	6.5	10:00	5.6	3:23	-0.6	4:06	-0.6	7:22	5:56	
30	Mon	10:20	6.3	10:58	5.4	4:12	-0.5	4:58	-0.5	7:23	5:55	
31	Tue	11:19	6.0			5:03	-0.2	5:52	-0.2	7:25	5:54	