

Atlantic Highlands, NJ - Feb 2025

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 1:58 | 4.1 | 2:15 | 3.5 | 8:29 | 0.6 | 8:40 | 0.5 | 7:05 | 5:14 | 🌘 |
| 2 | Fri | 2:50 | 4.1 | 3:12 | 3.5 | 9:26 | 0.5 | 9:33 | 0.4 | 7:04 | 5:15 | 🌘 |
| 3 | Sat | 3:46 | 4.2 | 4:11 | 3.5 | 10:17 | 0.4 | 10:23 | 0.3 | 7:03 | 5:16 | 🌘 |
| 4 | Sun | 4:40 | 4.3 | 5:05 | 3.7 | 11:05 | 0.1 | 11:10 | 0.2 | 7:02 | 5:17 | 🌘 |
| 5 | Mon | 5:28 | 4.6 | 5:52 | 3.9 | 11:50 | -0.1 | 11:55 | 0.0 | 7:01 | 5:19 | 🌘 |
| 6 | Tue | 6:10 | 4.8 | 6:33 | 4.1 | | | 12:34 | -0.3 | 7:00 | 5:20 | 🌘 |
| 7 | Wed | 6:49 | 4.9 | 7:12 | 4.3 | 12:39 | -0.2 | 1:17 | -0.5 | 6:58 | 5:21 | 🌘 |
| 8 | Thu | 7:27 | 5.0 | 7:49 | 4.4 | 1:23 | -0.3 | 1:57 | -0.6 | 6:57 | 5:22 | 🌘 |
| 9 | Fri | 8:04 | 5.1 | 8:26 | 4.5 | 2:05 | -0.4 | 2:36 | -0.7 | 6:56 | 5:23 | 🌘 |
| 10 | Sat | 8:42 | 5.0 | 9:05 | 4.6 | 2:46 | -0.4 | 3:13 | -0.7 | 6:55 | 5:25 | 🌘 |
| 11 | Sun | 9:24 | 4.9 | 9:49 | 4.6 | 3:27 | -0.4 | 3:50 | -0.7 | 6:54 | 5:26 | 🌘 |
| 12 | Mon | 10:11 | 4.7 | 10:38 | 4.7 | 4:09 | -0.3 | 4:30 | -0.6 | 6:53 | 5:27 | 🌘 |
| 13 | Tue | 11:04 | 4.5 | 11:33 | 4.7 | 4:57 | -0.2 | 5:14 | -0.4 | 6:51 | 5:28 | 🌘 |
| 14 | Wed | | | 12:01 | 4.3 | 5:55 | 0.0 | 6:10 | -0.3 | 6:50 | 5:29 | 🌘 |
| 15 | Thu | 12:31 | 4.7 | 1:01 | 4.2 | 7:07 | 0.2 | 7:17 | -0.1 | 6:49 | 5:31 | 🌘 |
| 16 | Fri | 1:31 | 4.8 | 2:04 | 4.1 | 8:21 | 0.1 | 8:28 | -0.1 | 6:48 | 5:32 | 🌘 |
| 17 | Sat | 2:35 | 4.8 | 3:13 | 4.1 | 9:29 | -0.1 | 9:35 | -0.3 | 6:46 | 5:33 | 🌘 |
| 18 | Sun | 3:44 | 4.9 | 4:21 | 4.3 | 10:30 | -0.4 | 10:35 | -0.5 | 6:45 | 5:34 | 🌘 |
| 19 | Mon | 4:49 | 5.1 | 5:22 | 4.6 | 11:25 | -0.6 | 11:32 | -0.7 | 6:43 | 5:35 | 🌘 |
| 20 | Tue | 5:46 | 5.3 | 6:16 | 4.9 | | | 12:17 | -0.9 | 6:42 | 5:37 | 🌘 |
| 21 | Wed | 6:37 | 5.5 | 7:05 | 5.1 | 12:26 | -0.8 | 1:07 | -1.0 | 6:41 | 5:38 | 🌘 |
| 22 | Thu | 7:24 | 5.5 | 7:52 | 5.2 | 1:17 | -0.9 | 1:54 | -1.1 | 6:39 | 5:39 | 🌘 |
| 23 | Fri | 8:09 | 5.4 | 8:37 | 5.1 | 2:05 | -0.9 | 2:37 | -1.0 | 6:38 | 5:40 | 🌘 |
| 24 | Sat | 8:53 | 5.1 | 9:22 | 5.0 | 2:50 | -0.8 | 3:17 | -0.8 | 6:36 | 5:41 | 🌘 |
| 25 | Sun | 9:37 | 4.8 | 10:07 | 4.8 | 3:33 | -0.6 | 3:56 | -0.6 | 6:35 | 5:42 | 🌘 |
| 26 | Mon | 10:23 | 4.5 | 10:53 | 4.6 | 4:14 | -0.3 | 4:33 | -0.2 | 6:33 | 5:43 | 🌘 |
| 27 | Tue | 11:09 | 4.2 | 11:39 | 4.4 | 4:56 | 0.1 | 5:11 | 0.1 | 6:32 | 5:45 | 🌘 |
| 28 | Wed | 11:57 | 3.9 | | | 5:43 | 0.4 | 5:55 | 0.5 | 6:31 | 5:46 | 🌘 |