


































Atlantic Highlands, NJ - Mar 2038

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 4:00 | 4.6 | 4:32 | 3.9 | 10:35 | 0.0 | 10:45 | 0.1 | 6:29 | 5:47 |  |
| 2 | Tue | 4:59 | 4.7 | 5:28 | 4.1 | 11:25 | -0.1 | 11:35 | 0.0 | 6:27 | 5:48 |  |
| 3 | Wed | 5:49 | 4.8 | 6:14 | 4.3 | | | 12:11 | -0.2 | 6:26 | 5:49 |  |
| 4 | Thu | 6:33 | 4.9 | 6:56 | 4.5 | 12:22 | -0.1 | 12:54 | -0.3 | 6:24 | 5:50 |  |
| 5 | Fri | 7:13 | 5.0 | 7:35 | 4.6 | 1:07 | -0.2 | 1:34 | -0.4 | 6:22 | 5:52 |  |
| 6 | Sat | 7:51 | 4.9 | 8:12 | 4.7 | 1:49 | -0.2 | 2:11 | -0.4 | 6:21 | 5:53 |  |
| 7 | Sun | 8:29 | 4.8 | 8:48 | 4.6 | 2:28 | -0.2 | 2:46 | -0.3 | 6:19 | 5:54 |  |
| 8 | Mon | 9:05 | 4.6 | 9:23 | 4.6 | 3:05 | -0.1 | 3:18 | -0.2 | 6:18 | 5:55 |  |
| 9 | Tue | 9:43 | 4.4 | 9:58 | 4.4 | 3:41 | 0.0 | 3:49 | 0.0 | 6:16 | 5:56 |  |
| 10 | Wed | 10:21 | 4.1 | 10:33 | 4.3 | 4:15 | 0.2 | 4:19 | 0.2 | 6:15 | 5:57 |  |
| 11 | Thu | 11:03 | 3.9 | 11:11 | 4.3 | 4:51 | 0.5 | 4:50 | 0.4 | 6:13 | 5:58 |  |
| 12 | Fri | 11:48 | 3.7 | 11:56 | 4.2 | 5:34 | 0.7 | 5:28 | 0.6 | 6:11 | 5:59 |  |
| 13 | Sat | | | 12:38 | 3.6 | 6:33 | 0.8 | 6:22 | 0.8 | 6:10 | 6:00 |  |
| 14 | Sun | 12:46 | 4.2 | 2:33 | 3.5 | 8:47 | 0.9 | 8:37 | 0.8 | 7:08 | 7:01 |  |
| 15 | Mon | 2:44 | 4.3 | 3:35 | 3.6 | 9:57 | 0.7 | 9:51 | 0.7 | 7:06 | 7:02 |  |
| 16 | Tue | 3:50 | 4.5 | 4:43 | 3.9 | 10:56 | 0.4 | 10:56 | 0.3 | 7:05 | 7:04 |  |
| 17 | Wed | 5:00 | 4.7 | 5:45 | 4.3 | 11:49 | 0.0 | 11:53 | -0.1 | 7:03 | 7:05 |  |
| 18 | Thu | 6:02 | 5.1 | 6:39 | 4.8 | | | 12:39 | -0.4 | 7:02 | 7:06 |  |
| 19 | Fri | 6:56 | 5.5 | 7:28 | 5.2 | 12:48 | -0.5 | 1:28 | -0.7 | 7:00 | 7:07 |  |
| 20 | Sat | 7:45 | 5.7 | 8:15 | 5.6 | 1:42 | -0.8 | 2:17 | -1.0 | 6:58 | 7:08 |  |
| 21 | Sun | 8:34 | 5.8 | 9:03 | 5.9 | 2:35 | -1.1 | 3:04 | -1.1 | 6:57 | 7:09 |  |
| 22 | Mon | 9:23 | 5.7 | 9:53 | 5.9 | 3:26 | -1.2 | 3:50 | -1.1 | 6:55 | 7:10 |  |
| 23 | Tue | 10:15 | 5.5 | 10:44 | 5.8 | 4:16 | -1.1 | 4:35 | -1.0 | 6:53 | 7:11 |  |
| 24 | Wed | 11:09 | 5.1 | 11:39 | 5.6 | 5:06 | -0.9 | 5:22 | -0.7 | 6:52 | 7:12 |  |
| 25 | Thu | | | 12:07 | 4.8 | 5:59 | -0.5 | 6:12 | -0.2 | 6:50 | 7:13 |  |
| 26 | Fri | 12:36 | 5.3 | 1:06 | 4.5 | 6:58 | -0.1 | 7:11 | 0.2 | 6:48 | 7:14 |  |
| 27 | Sat | 1:34 | 5.0 | 2:05 | 4.2 | 8:04 | 0.2 | 8:19 | 0.5 | 6:47 | 7:15 |  |
| 28 | Sun | 2:32 | 4.8 | 3:05 | 4.1 | 9:12 | 0.4 | 9:29 | 0.7 | 6:45 | 7:16 |  |
| 29 | Mon | 3:31 | 4.6 | 4:08 | 4.0 | 10:15 | 0.4 | 10:32 | 0.6 | 6:43 | 7:17 |  |
| 30 | Tue | 4:34 | 4.5 | 5:10 | 4.1 | 11:10 | 0.3 | 11:26 | 0.5 | 6:42 | 7:18 |  |
| 31 | Wed | 5:33 | 4.6 | 6:04 | 4.4 | 11:58 | 0.2 | | | 6:40 | 7:19 |  |