































Atlantic Highlands, NJ - Aug 2039

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:21	4.7	5:55	6.0	11:37	0.2			5:53	8:11	
2	Tue	6:25	4.9	6:53	6.2	12:32	0.0	12:35	0.0	5:54	8:10	
3	Wed	7:22	5.1	7:45	6.3	1:26	-0.2	1:32	-0.1	5:55	8:09	
4	Thu	8:15	5.3	8:36	6.3	2:20	-0.4	2:27	-0.1	5:56	8:08	
5	Fri	9:06	5.3	9:25	6.1	3:09	-0.5	3:20	0.0	5:57	8:06	
6	Sat	9:57	5.3	10:13	5.8	3:56	-0.4	4:08	0.1	5:58	8:05	
7	Sun	10:47	5.3	11:02	5.5	4:39	-0.3	4:55	0.3	5:59	8:04	
8	Mon	11:37	5.2	11:52	5.2	5:20	-0.1	5:41	0.6	6:00	8:03	
9	Tue			12:26	5.1	6:01	0.3	6:30	0.9	6:01	8:02	
10	Wed	12:41	4.8	1:13	5.0	6:43	0.6	7:25	1.2	6:02	8:00	
11	Thu	1:29	4.5	1:58	4.9	7:30	0.9	8:25	1.3	6:03	7:59	
12	Fri	2:17	4.3	2:44	4.8	8:22	1.1	9:26	1.3	6:04	7:58	
13	Sat	3:08	4.1	3:33	4.8	9:17	1.2	10:23	1.2	6:05	7:56	
14	Sun	4:03	4.0	4:27	4.8	10:11	1.2	11:14	1.1	6:06	7:55	
15	Mon	5:03	4.1	5:22	5.0	11:03	1.1			6:07	7:54	
16	Tue	5:58	4.2	6:12	5.1	12:01	0.9	11:51 AM	1.0	6:08	7:52	
17	Wed	6:46	4.4	6:55	5.4	12:47	0.7	12:38	0.8	6:09	7:51	
18	Thu	7:29	4.6	7:35	5.5	1:31	0.4	1:24	0.7	6:10	7:49	
19	Fri	8:09	4.8	8:13	5.6	2:13	0.3	2:09	0.5	6:11	7:48	
20	Sat	8:47	5.0	8:50	5.7	2:54	0.1	2:54	0.4	6:12	7:47	
21	Sun	9:26	5.1	9:29	5.6	3:33	0.0	3:37	0.3	6:13	7:45	
22	Mon	10:06	5.2	10:11	5.5	4:10	0.0	4:20	0.3	6:13	7:44	
23	Tue	10:51	5.3	10:58	5.3	4:46	0.0	5:04	0.4	6:14	7:42	
24	Wed	11:40	5.4	11:52	5.0	5:24	0.1	5:53	0.5	6:15	7:41	
25	Thu			12:34	5.5	6:07	0.3	6:51	0.7	6:16	7:39	
26	Fri	12:50	4.8	1:31	5.5	7:00	0.5	8:00	0.8	6:17	7:38	
27	Sat	1:50	4.6	2:29	5.6	8:07	0.6	9:13	0.8	6:18	7:36	
28	Sun	2:53	4.5	3:31	5.6	9:19	0.7	10:21	0.6	6:19	7:34	
29	Mon	4:02	4.5	4:38	5.7	10:27	0.6	11:21	0.4	6:20	7:33	
30	Tue	5:12	4.7	5:43	5.8	11:28	0.4			6:21	7:31	
31	Wed	6:15	5.0	6:40	6.0	12:16	0.1	12:25	0.2	6:22	7:30	