
































Atlantic Highlands, NJ - Jun 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:13	5.5	1:55	4.9	7:42	0.1	8:06	0.8	5:27	8:20	
2	Sat	2:10	5.2	2:51	5.0	8:44	0.2	9:15	0.8	5:27	8:21	
3	Sun	3:06	5.0	3:47	5.1	9:41	0.2	10:18	0.7	5:26	8:22	
4	Mon	4:04	4.8	4:43	5.2	10:32	0.2	11:13	0.6	5:26	8:22	
5	Tue	5:02	4.7	5:35	5.4	11:19	0.2			5:26	8:23	
6	Wed	5:56	4.6	6:22	5.5	12:03	0.4	12:03	0.3	5:26	8:23	
7	Thu	6:45	4.6	7:04	5.6	12:50	0.3	12:45	0.3	5:25	8:24	
8	Fri	7:29	4.6	7:43	5.6	1:36	0.3	1:27	0.4	5:25	8:25	
9	Sat	8:12	4.6	8:21	5.6	2:20	0.2	2:09	0.5	5:25	8:25	
10	Sun	8:54	4.5	8:58	5.5	3:03	0.2	2:50	0.6	5:25	8:26	
11	Mon	9:37	4.4	9:36	5.3	3:43	0.3	3:31	0.7	5:25	8:26	
12	Tue	10:21	4.3	10:14	5.1	4:22	0.4	4:09	0.9	5:25	8:27	
13	Wed	11:06	4.2	10:53	4.9	4:59	0.5	4:47	1.0	5:25	8:27	
14	Thu	11:54	4.1	11:36	4.7	5:36	0.6	5:25	1.2	5:25	8:27	
15	Fri			12:41	4.2	6:15	0.7	6:08	1.3	5:25	8:28	
16	Sat	12:22	4.6	1:25	4.2	6:58	0.8	7:02	1.4	5:25	8:28	
17	Sun	1:10	4.5	2:08	4.4	7:48	0.9	8:08	1.4	5:25	8:29	
18	Mon	1:59	4.5	2:53	4.7	8:41	0.8	9:16	1.2	5:25	8:29	
19	Tue	2:51	4.4	3:43	5.0	9:35	0.7	10:19	1.0	5:25	8:29	
20	Wed	3:50	4.4	4:38	5.3	10:27	0.5	11:16	0.6	5:26	8:29	
21	Thu	4:55	4.5	5:34	5.7	11:18	0.3			5:26	8:30	
22	Fri	5:58	4.6	6:28	6.1	12:11	0.2	12:10	0.1	5:26	8:30	
23	Sat	6:55	4.8	7:20	6.4	1:06	-0.1	1:04	0.0	5:26	8:30	
24	Sun	7:49	5.0	8:12	6.5	2:01	-0.3	2:00	-0.1	5:27	8:30	
25	Mon	8:44	5.1	9:05	6.5	2:55	-0.5	2:56	-0.2	5:27	8:30	
26	Tue	9:40	5.1	10:00	6.3	3:48	-0.6	3:51	-0.1	5:27	8:30	
27	Wed	10:39	5.1	10:57	6.1	4:38	-0.6	4:45	0.0	5:28	8:30	
28	Thu	11:39	5.1	11:56	5.8	5:28	-0.5	5:39	0.2	5:28	8:30	
29	Fri			12:38	5.2	6:20	-0.3	6:39	0.5	5:29	8:30	
30	Sat	12:53	5.5	1:34	5.2	7:14	-0.1	7:44	0.7	5:29	8:30	