































Atlantic Highlands, NJ - Jun 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:15	4.5	10:18	5.3	4:18	0.1	4:08	0.7	5:27	8:20	
2	Sun	11:04	4.3	11:04	5.0	4:59	0.3	4:49	0.9	5:27	8:21	
3	Mon	11:56	4.2	11:53	4.8	5:40	0.5	5:30	1.1	5:27	8:21	
4	Tue			12:47	4.2	6:23	0.7	6:17	1.4	5:26	8:22	
5	Wed	12:42	4.6	1:35	4.2	7:11	0.9	7:13	1.5	5:26	8:23	
6	Thu	1:29	4.4	2:21	4.3	8:03	1.0	8:18	1.6	5:26	8:23	
7	Fri	2:15	4.3	3:06	4.4	8:55	1.0	9:21	1.5	5:25	8:24	
8	Sat	3:03	4.2	3:53	4.6	9:44	0.9	10:18	1.3	5:25	8:24	
9	Sun	3:55	4.2	4:42	4.8	10:30	0.8	11:10	1.0	5:25	8:25	
10	Mon	4:52	4.2	5:30	5.1	11:14	0.7	11:59	0.7	5:25	8:26	
11	Tue	5:47	4.3	6:16	5.5	11:57	0.6			5:25	8:26	
12	Wed	6:38	4.4	6:59	5.8	12:47	0.4	12:42	0.5	5:25	8:27	
13	Thu	7:25	4.5	7:42	6.0	1:37	0.1	1:29	0.4	5:25	8:27	
14	Fri	8:12	4.6	8:28	6.1	2:27	-0.1	2:19	0.3	5:25	8:27	
15	Sat	9:00	4.7	9:16	6.1	3:16	-0.2	3:10	0.2	5:25	8:28	
16	Sun	9:53	4.7	10:09	6.0	4:04	-0.3	4:01	0.2	5:25	8:28	
17	Mon	10:50	4.8	11:06	5.9	4:52	-0.3	4:52	0.3	5:25	8:28	
18	Tue	11:50	4.8			5:41	-0.2	5:47	0.4	5:25	8:29	
19	Wed	12:05	5.7	12:49	5.0	6:33	-0.1	6:49	0.6	5:25	8:29	
20	Thu	1:04	5.4	1:46	5.1	7:30	0.0	7:59	0.7	5:26	8:29	
21	Fri	2:00	5.2	2:40	5.3	8:28	0.1	9:08	0.7	5:26	8:30	
22	Sat	2:55	5.0	3:35	5.4	9:25	0.1	10:12	0.6	5:26	8:30	
23	Sun	3:53	4.8	4:32	5.5	10:19	0.1	11:10	0.5	5:26	8:30	
24	Mon	4:54	4.6	5:28	5.6	11:10	0.2			5:27	8:30	
25	Tue	5:53	4.6	6:19	5.7	12:03	0.4	11:58 AM	0.3	5:27	8:30	
26	Wed	6:46	4.6	7:06	5.7	12:54	0.3	12:45	0.3	5:27	8:30	
27	Thu	7:35	4.6	7:49	5.7	1:43	0.2	1:32	0.4	5:28	8:30	
28	Fri	8:21	4.6	8:31	5.6	2:30	0.2	2:19	0.5	5:28	8:30	
29	Sat	9:06	4.6	9:12	5.5	3:14	0.2	3:04	0.6	5:29	8:30	
30	Sun	9:51	4.5	9:53	5.3	3:55	0.2	3:46	0.7	5:29	8:30	