































Atlantic Highlands, NJ - Sep 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:37	5.0	6:56	5.7	12:38	0.2	12:40	0.4	6:23	7:28	
2	Wed	7:26	5.2	7:42	5.8	1:26	0.1	1:31	0.3	6:24	7:27	
3	Thu	8:11	5.4	8:25	5.7	2:11	0.0	2:20	0.2	6:25	7:25	
4	Fri	8:53	5.5	9:05	5.6	2:53	-0.1	3:05	0.2	6:26	7:23	
5	Sat	9:34	5.5	9:45	5.3	3:32	0.0	3:48	0.3	6:27	7:22	
6	Sun	10:15	5.4	10:26	5.0	4:07	0.2	4:27	0.5	6:28	7:20	
7	Mon	10:55	5.3	11:08	4.7	4:40	0.4	5:06	0.7	6:29	7:18	
8	Tue	11:37	5.1	11:53	4.3	5:12	0.7	5:46	1.0	6:30	7:17	
9	Wed			12:22	4.9	5:45	1.0	6:31	1.2	6:31	7:15	
10	Thu	12:42	4.1	1:08	4.8	6:22	1.3	7:28	1.5	6:32	7:13	
11	Fri	1:33	3.9	1:57	4.7	7:12	1.6	8:36	1.5	6:33	7:12	
12	Sat	2:26	3.8	2:48	4.6	8:24	1.7	9:41	1.4	6:34	7:10	
13	Sun	3:23	3.8	3:46	4.7	9:36	1.6	10:38	1.2	6:35	7:08	
14	Mon	4:25	4.0	4:46	4.9	10:37	1.4	11:27	0.9	6:36	7:07	
15	Tue	5:24	4.2	5:41	5.2	11:29	1.1			6:37	7:05	
16	Wed	6:14	4.6	6:29	5.5	12:12	0.6	12:18	0.8	6:38	7:03	
17	Thu	6:57	5.0	7:12	5.7	12:55	0.3	1:06	0.5	6:38	7:02	
18	Fri	7:37	5.4	7:54	5.9	1:37	0.0	1:54	0.2	6:39	7:00	
19	Sat	8:17	5.8	8:36	5.8	2:19	-0.2	2:43	0.0	6:40	6:58	
20	Sun	8:59	6.0	9:21	5.7	3:01	-0.3	3:31	-0.1	6:41	6:57	
21	Mon	9:43	6.1	10:09	5.4	3:43	-0.3	4:18	-0.1	6:42	6:55	
22	Tue	10:33	6.1	11:03	5.1	4:25	-0.2	5:07	0.1	6:43	6:53	
23	Wed	11:28	5.9			5:09	0.1	6:02	0.4	6:44	6:52	
24	Thu	12:04	4.8	12:29	5.7	5:59	0.4	7:06	0.7	6:45	6:50	
25	Fri	1:08	4.6	1:32	5.5	7:02	0.7	8:19	0.9	6:46	6:48	
26	Sat	2:12	4.5	2:36	5.3	8:17	1.0	9:31	0.8	6:47	6:47	
27	Sun	3:16	4.5	3:41	5.2	9:32	1.0	10:34	0.7	6:48	6:45	
28	Mon	4:23	4.6	4:47	5.2	10:38	0.9	11:28	0.5	6:49	6:43	
29	Tue	5:26	4.9	5:47	5.3	11:35	0.7			6:50	6:42	
30	Wed	6:19	5.2	6:36	5.4	12:16	0.3	12:26	0.5	6:51	6:40	