
































Atlantic Highlands, NJ - Nov 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:54	5.7	7:11	4.8	1:42	0.3	1:16	0.3	6:26	4:53	
2	Mon	7:29	5.6	7:48	4.6	1:19	0.4	1:57	0.3	6:27	4:52	
3	Tue	8:03	5.5	8:25	4.5	1:56	0.5	2:36	0.3	6:28	4:51	
4	Wed	8:38	5.3	9:04	4.2	2:31	0.7	3:14	0.5	6:29	4:49	
5	Thu	9:13	5.1	9:46	4.0	3:05	0.9	3:51	0.6	6:30	4:48	
6	Fri	9:52	4.9	10:34	3.8	3:38	1.1	4:30	0.8	6:31	4:47	
7	Sat	10:38	4.7	11:28	3.8	4:12	1.2	5:14	1.0	6:32	4:46	
8	Sun	11:31	4.6			4:53	1.4	6:08	1.1	6:34	4:45	
9	Mon	12:21	3.8	12:27	4.6	5:52	1.5	7:11	1.0	6:35	4:44	
10	Tue	1:13	3.9	1:21	4.6	7:14	1.5	8:10	0.9	6:36	4:43	
11	Wed	2:05	4.2	2:18	4.7	8:28	1.3	9:04	0.6	6:37	4:42	
12	Thu	3:00	4.6	3:18	4.8	9:31	0.9	9:52	0.3	6:38	4:41	
13	Fri	3:56	5.0	4:18	4.9	10:26	0.5	10:39	-0.1	6:39	4:40	
14	Sat	4:49	5.5	5:13	5.1	11:19	0.1	11:26	-0.3	6:41	4:39	
15	Sun	5:38	6.0	6:05	5.2			12:12	-0.3	6:42	4:39	
16	Mon	6:26	6.3	6:55	5.2	12:14	-0.5	1:05	-0.5	6:43	4:38	
17	Tue	7:14	6.5	7:46	5.2	1:04	-0.5	1:59	-0.6	6:44	4:37	
18	Wed	8:05	6.4	8:40	5.0	1:56	-0.5	2:51	-0.6	6:45	4:36	
19	Thu	8:59	6.1	9:39	4.8	2:48	-0.4	3:43	-0.4	6:46	4:36	
20	Fri	9:57	5.8	10:42	4.7	3:40	-0.1	4:36	-0.2	6:48	4:35	
21	Sat	10:59	5.5	11:45	4.6	4:35	0.2	5:34	0.0	6:49	4:34	
22	Sun			12:01	5.1	5:36	0.6	6:36	0.2	6:50	4:34	
23	Mon	12:46	4.5	12:59	4.9	6:45	0.8	7:39	0.3	6:51	4:33	
24	Tue	1:42	4.6	1:54	4.6	7:56	0.9	8:37	0.4	6:52	4:33	
25	Wed	2:37	4.6	2:50	4.4	8:59	0.8	9:27	0.3	6:53	4:32	
26	Thu	3:31	4.8	3:46	4.3	9:54	0.7	10:11	0.3	6:54	4:32	
27	Fri	4:22	4.9	4:38	4.3	10:43	0.5	10:51	0.3	6:55	4:31	
28	Sat	5:08	5.1	5:25	4.3	11:27	0.4	11:30	0.3	6:56	4:31	
29	Sun	5:48	5.3	6:07	4.3			12:10	0.2	6:57	4:30	
30	Mon	6:26	5.3	6:47	4.3	12:09	0.3	12:53	0.2	6:58	4:30	