
































## Atlantic Highlands, NJ - Jun 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:29	5.5	1:16	5.0	7:01	0.0	7:13	0.7	5:27	8:20	
2	Thu	1:27	5.2	2:11	5.0	8:00	0.2	8:21	0.8	5:27	8:21	
3	Fri	2:21	5.0	3:05	5.1	8:58	0.3	9:27	0.9	5:26	8:22	
4	Sat	3:15	4.7	3:58	5.2	9:51	0.3	10:26	0.8	5:26	8:22	
5	Sun	4:11	4.5	4:51	5.3	10:40	0.4	11:19	0.7	5:26	8:23	
6	Mon	5:07	4.4	5:40	5.4	11:24	0.5			5:26	8:23	
7	Tue	6:01	4.3	6:26	5.5	12:06	0.6	12:06	0.5	5:25	8:24	
8	Wed	6:48	4.3	7:07	5.5	12:52	0.5	12:48	0.6	5:25	8:25	
9	Thu	7:32	4.3	7:46	5.5	1:36	0.4	1:30	0.7	5:25	8:25	
10	Fri	8:13	4.3	8:25	5.5	2:20	0.3	2:12	0.7	5:25	8:26	
11	Sat	8:54	4.3	9:02	5.4	3:02	0.3	2:54	0.8	5:25	8:26	
12	Sun	9:35	4.2	9:40	5.2	3:42	0.3	3:35	0.9	5:25	8:27	
13	Mon	10:18	4.2	10:18	5.1	4:20	0.4	4:13	1.0	5:25	8:27	
14	Tue	11:01	4.1	10:57	4.9	4:57	0.5	4:49	1.1	5:25	8:28	
15	Wed	11:46	4.1	11:40	4.8	5:32	0.5	5:27	1.2	5:25	8:28	
16	Thu			12:30	4.2	6:09	0.6	6:10	1.3	5:25	8:28	
17	Fri	12:27	4.7	1:14	4.4	6:51	0.7	7:06	1.4	5:25	8:29	
18	Sat	1:15	4.6	1:58	4.6	7:39	0.7	8:17	1.3	5:25	8:29	
19	Sun	2:06	4.5	2:45	4.9	8:33	0.6	9:27	1.1	5:25	8:29	
20	Mon	3:01	4.4	3:39	5.2	9:29	0.5	10:31	0.8	5:26	8:29	
21	Tue	4:04	4.4	4:39	5.5	10:26	0.4	11:30	0.5	5:26	8:30	
22	Wed	5:12	4.5	5:40	5.9	11:22	0.2			5:26	8:30	
23	Thu	6:15	4.6	6:37	6.2	12:27	0.2	12:18	0.0	5:26	8:30	
24	Fri	7:13	4.8	7:32	6.4	1:24	-0.1	1:15	-0.1	5:27	8:30	
25	Sat	8:09	5.0	8:26	6.4	2:20	-0.4	2:14	-0.2	5:27	8:30	
26	Sun	9:04	5.1	9:20	6.4	3:14	-0.5	3:11	-0.2	5:27	8:30	
27	Mon	10:01	5.2	10:15	6.1	4:05	-0.6	4:06	-0.1	5:28	8:30	
28	Tue	10:59	5.2	11:11	5.8	4:54	-0.5	4:58	0.1	5:28	8:30	
29	Wed	11:57	5.2			5:42	-0.4	5:52	0.3	5:29	8:30	
30	Thu	12:07	5.5	12:52	5.3	6:32	-0.1	6:50	0.6	5:29	8:30	