


































Atlantic Highlands, NJ - Aug 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 2:11 | 4.3 | 2:45 | 5.0 | 8:25 | 0.9 | 9:21 | 1.2 | 5:54 | 8:10 |  |
| 2 | Tue | 3:02 | 4.1 | 3:35 | 4.9 | 9:20 | 1.1 | 10:19 | 1.2 | 5:55 | 8:09 |  |
| 3 | Wed | 3:58 | 3.9 | 4:30 | 4.9 | 10:15 | 1.2 | 11:11 | 1.1 | 5:56 | 8:08 |  |
| 4 | Thu | 4:59 | 3.9 | 5:26 | 5.0 | 11:06 | 1.1 | 11:59 | 0.9 | 5:57 | 8:07 |  |
| 5 | Fri | 5:56 | 4.0 | 6:16 | 5.1 | 11:54 | 1.1 | | | 5:58 | 8:05 |  |
| 6 | Sat | 6:45 | 4.2 | 7:01 | 5.3 | 12:44 | 0.7 | 12:40 | 0.9 | 5:59 | 8:04 |  |
| 7 | Sun | 7:28 | 4.4 | 7:40 | 5.4 | 1:28 | 0.6 | 1:26 | 0.8 | 6:00 | 8:03 |  |
| 8 | Mon | 8:08 | 4.6 | 8:17 | 5.4 | 2:09 | 0.4 | 2:10 | 0.8 | 6:01 | 8:02 |  |
| 9 | Tue | 8:45 | 4.7 | 8:53 | 5.4 | 2:49 | 0.3 | 2:52 | 0.7 | 6:02 | 8:01 |  |
| 10 | Wed | 9:20 | 4.8 | 9:27 | 5.3 | 3:26 | 0.2 | 3:32 | 0.7 | 6:03 | 7:59 |  |
| 11 | Thu | 9:54 | 4.9 | 10:02 | 5.2 | 4:00 | 0.2 | 4:10 | 0.7 | 6:04 | 7:58 |  |
| 12 | Fri | 10:30 | 5.0 | 10:41 | 5.0 | 4:32 | 0.2 | 4:48 | 0.7 | 6:05 | 7:57 |  |
| 13 | Sat | 11:10 | 5.1 | 11:25 | 4.8 | 5:03 | 0.3 | 5:29 | 0.8 | 6:06 | 7:55 |  |
| 14 | Sun | 11:56 | 5.2 | | | 5:37 | 0.4 | 6:17 | 0.9 | 6:06 | 7:54 |  |
| 15 | Mon | 12:18 | 4.6 | 12:49 | 5.3 | 6:18 | 0.5 | 7:20 | 1.1 | 6:07 | 7:53 |  |
| 16 | Tue | 1:16 | 4.4 | 1:46 | 5.3 | 7:13 | 0.7 | 8:38 | 1.1 | 6:08 | 7:51 |  |
| 17 | Wed | 2:18 | 4.3 | 2:47 | 5.4 | 8:25 | 0.8 | 9:52 | 0.9 | 6:09 | 7:50 |  |
| 18 | Thu | 3:25 | 4.3 | 3:55 | 5.5 | 9:42 | 0.7 | 10:58 | 0.7 | 6:10 | 7:48 |  |
| 19 | Fri | 4:38 | 4.4 | 5:07 | 5.7 | 10:51 | 0.5 | 11:56 | 0.3 | 6:11 | 7:47 |  |
| 20 | Sat | 5:47 | 4.7 | 6:11 | 5.9 | 11:53 | 0.3 | | | 6:12 | 7:45 |  |
| 21 | Sun | 6:47 | 5.1 | 7:07 | 6.1 | 12:50 | 0.0 | 12:52 | 0.0 | 6:13 | 7:44 |  |
| 22 | Mon | 7:40 | 5.5 | 7:57 | 6.2 | 1:42 | -0.3 | 1:48 | -0.1 | 6:14 | 7:42 |  |
| 23 | Tue | 8:29 | 5.7 | 8:45 | 6.1 | 2:31 | -0.5 | 2:41 | -0.2 | 6:15 | 7:41 |  |
| 24 | Wed | 9:17 | 5.8 | 9:32 | 5.9 | 3:17 | -0.5 | 3:31 | -0.2 | 6:16 | 7:39 |  |
| 25 | Thu | 10:05 | 5.8 | 10:19 | 5.6 | 4:00 | -0.4 | 4:18 | 0.0 | 6:17 | 7:38 |  |
| 26 | Fri | 10:53 | 5.7 | 11:07 | 5.2 | 4:40 | -0.2 | 5:03 | 0.3 | 6:18 | 7:36 |  |
| 27 | Sat | 11:41 | 5.5 | 11:56 | 4.8 | 5:20 | 0.2 | 5:49 | 0.6 | 6:19 | 7:35 |  |
| 28 | Sun | | | 12:29 | 5.3 | 5:59 | 0.6 | 6:39 | 0.9 | 6:20 | 7:33 |  |
| 29 | Mon | 12:48 | 4.4 | 1:18 | 5.1 | 6:43 | 1.0 | 7:37 | 1.2 | 6:21 | 7:32 |  |
| 30 | Tue | 1:39 | 4.2 | 2:06 | 4.9 | 7:35 | 1.3 | 8:41 | 1.4 | 6:22 | 7:30 |  |
| 31 | Wed | 2:31 | 4.0 | 2:57 | 4.8 | 8:38 | 1.5 | 9:44 | 1.4 | 6:23 | 7:29 |  |