



## Atlantic Highlands, NJ - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:22	5.0	8:42	5.9	2:28	-0.3	2:33	-0.1	5:54	7:52	☉
2	Tue	9:06	4.8	9:23	5.7	3:14	-0.3	3:16	0.1	5:53	7:53	☉
3	Wed	9:52	4.6	10:06	5.4	3:57	-0.1	3:57	0.4	5:51	7:54	☉
4	Thu	10:39	4.4	10:51	5.1	4:39	0.1	4:36	0.7	5:50	7:55	☉
5	Fri	11:29	4.2	11:39	4.8	5:20	0.3	5:16	1.0	5:49	7:56	☾
6	Sat			12:22	4.0	6:02	0.6	5:59	1.2	5:48	7:57	☾
7	Sun	12:30	4.6	1:14	4.0	6:51	0.9	6:52	1.5	5:47	7:58	☾
8	Mon	1:21	4.4	2:03	4.0	7:46	1.0	7:59	1.6	5:46	7:59	☾
9	Tue	2:10	4.3	2:52	4.1	8:43	1.0	9:08	1.5	5:45	8:00	☾
10	Wed	3:00	4.2	3:41	4.3	9:36	0.9	10:08	1.3	5:43	8:01	☾
11	Thu	3:53	4.2	4:32	4.5	10:24	0.8	11:00	1.1	5:42	8:02	☾
12	Fri	4:48	4.3	5:21	4.8	11:08	0.6	11:48	0.8	5:41	8:03	☾
13	Sat	5:42	4.4	6:05	5.2	11:50	0.5			5:40	8:04	☾
14	Sun	6:30	4.5	6:46	5.5	12:35	0.5	12:32	0.3	5:40	8:05	☾
15	Mon	7:14	4.6	7:26	5.8	1:22	0.2	1:15	0.2	5:39	8:06	☾
16	Tue	7:58	4.7	8:07	6.0	2:10	0.0	2:01	0.2	5:38	8:06	☾
17	Wed	8:43	4.7	8:51	6.0	2:58	-0.2	2:48	0.1	5:37	8:07	☾
18	Thu	9:32	4.7	9:39	6.0	3:46	-0.2	3:36	0.1	5:36	8:08	☾
19	Fri	10:25	4.7	10:33	5.8	4:33	-0.2	4:25	0.2	5:35	8:09	☾
20	Sat	11:24	4.6	11:33	5.6	5:21	-0.1	5:17	0.3	5:34	8:10	☾
21	Sun			12:25	4.7	6:14	0.0	6:15	0.5	5:34	8:11	☾
22	Mon	12:35	5.4	1:25	4.8	7:12	0.1	7:22	0.7	5:33	8:12	☾
23	Tue	1:35	5.2	2:22	5.0	8:14	0.2	8:35	0.7	5:32	8:13	☾
24	Wed	2:32	5.0	3:18	5.2	9:13	0.2	9:43	0.6	5:31	8:14	☾
25	Thu	3:31	4.9	4:15	5.4	10:09	0.1	10:44	0.5	5:31	8:15	☾
26	Fri	4:31	4.7	5:12	5.6	11:00	0.1	11:39	0.3	5:30	8:15	☾
27	Sat	5:31	4.7	6:04	5.7	11:48	0.1			5:30	8:16	☾
28	Sun	6:26	4.7	6:52	5.8	12:30	0.2	12:34	0.2	5:29	8:17	☾
29	Mon	7:15	4.7	7:35	5.9	1:20	0.1	1:20	0.3	5:29	8:18	☾
30	Tue	8:01	4.6	8:17	5.8	2:08	0.1	2:05	0.4	5:28	8:19	☾
31	Wed	8:45	4.6	8:59	5.6	2:53	0.1	2:50	0.5	5:28	8:19	☾