

## Atlantic Highlands, NJ - Aug 2025

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:35	4.7	10:40	4.9	4:31	0.3	4:42	0.9	5:54	8:10	☉
2	Wed	11:11	4.7	11:16	4.6	5:01	0.4	5:17	1.0	5:55	8:09	☾
3	Thu	11:48	4.7	11:58	4.4	5:30	0.6	5:56	1.2	5:56	8:08	☾
4	Fri			12:29	4.8	6:01	0.7	6:43	1.3	5:57	8:07	☾
5	Sat	12:46	4.3	1:14	4.9	6:41	0.8	7:49	1.4	5:58	8:06	☾
6	Sun	1:38	4.1	2:05	5.1	7:35	0.9	9:05	1.3	5:59	8:05	☾
7	Mon	2:37	4.1	3:03	5.2	8:46	0.9	10:15	1.1	5:59	8:03	☾
8	Tue	3:43	4.1	4:11	5.4	9:58	0.8	11:16	0.7	6:00	8:02	☾
9	Wed	4:56	4.3	5:21	5.7	11:04	0.6			6:01	8:01	☾
10	Thu	6:02	4.6	6:23	6.0	12:12	0.3	12:05	0.2	6:02	8:00	☾
11	Fri	6:59	5.1	7:17	6.3	1:05	0.0	1:04	0.0	6:03	7:58	☾
12	Sat	7:52	5.5	8:09	6.4	1:57	-0.4	2:01	-0.3	6:04	7:57	☾
13	Sun	8:43	5.8	8:59	6.4	2:47	-0.6	2:56	-0.4	6:05	7:56	☾
14	Mon	9:34	5.9	9:49	6.1	3:34	-0.8	3:49	-0.4	6:06	7:54	☾
15	Tue	10:26	6.0	10:41	5.8	4:19	-0.7	4:39	-0.2	6:07	7:53	☾
16	Wed	11:19	5.9	11:35	5.4	5:04	-0.5	5:30	0.0	6:08	7:51	☾
17	Thu			12:13	5.8	5:49	-0.1	6:24	0.4	6:09	7:50	☾
18	Fri	12:30	5.0	1:06	5.6	6:38	0.3	7:24	0.8	6:10	7:49	☾
19	Sat	1:25	4.6	1:59	5.3	7:33	0.7	8:29	1.0	6:11	7:47	☾
20	Sun	2:20	4.3	2:51	5.1	8:34	1.0	9:35	1.1	6:12	7:46	☾
21	Mon	3:16	4.1	3:48	5.0	9:37	1.2	10:34	1.1	6:13	7:44	☾
22	Tue	4:17	4.0	4:47	5.0	10:35	1.2	11:26	0.9	6:14	7:43	☾
23	Wed	5:19	4.1	5:43	5.1	11:26	1.1			6:15	7:41	☉
24	Thu	6:13	4.3	6:31	5.2	12:12	0.8	12:13	1.0	6:16	7:40	☉
25	Fri	6:58	4.6	7:13	5.3	12:54	0.6	12:58	0.8	6:17	7:38	☉
26	Sat	7:38	4.8	7:51	5.4	1:34	0.5	1:42	0.7	6:18	7:37	☉
27	Sun	8:15	4.9	8:27	5.4	2:13	0.4	2:24	0.7	6:19	7:35	☉
28	Mon	8:50	5.0	9:01	5.3	2:50	0.3	3:04	0.6	6:20	7:34	☉
29	Tue	9:22	5.1	9:34	5.1	3:24	0.3	3:42	0.7	6:21	7:32	☉
30	Wed	9:53	5.1	10:06	4.9	3:56	0.4	4:18	0.7	6:22	7:30	☉
31	Thu	10:25	5.1	10:42	4.6	4:25	0.5	4:53	0.9	6:23	7:29	☉