


































Atlantic Highlands, NJ - Oct 2045

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 11:15 | 5.3 | | | 5:02 | 0.8 | 6:02 | 1.0 | 6:53 | 6:38 |  |
| 2 | Mon | 12:02 | 4.2 | 12:16 | 5.3 | 5:47 | 0.9 | 7:05 | 1.1 | 6:54 | 6:36 |  |
| 3 | Tue | 1:08 | 4.2 | 1:22 | 5.2 | 6:49 | 1.1 | 8:22 | 1.1 | 6:55 | 6:34 |  |
| 4 | Wed | 2:12 | 4.3 | 2:29 | 5.2 | 8:14 | 1.1 | 9:33 | 0.9 | 6:56 | 6:33 |  |
| 5 | Thu | 3:17 | 4.5 | 3:36 | 5.3 | 9:34 | 0.9 | 10:33 | 0.5 | 6:57 | 6:31 |  |
| 6 | Fri | 4:24 | 4.9 | 4:44 | 5.5 | 10:42 | 0.6 | 11:26 | 0.2 | 6:58 | 6:29 |  |
| 7 | Sat | 5:26 | 5.3 | 5:46 | 5.7 | 11:41 | 0.2 | | | 6:59 | 6:28 |  |
| 8 | Sun | 6:22 | 5.8 | 6:40 | 5.8 | 12:15 | -0.2 | 12:36 | -0.1 | 7:00 | 6:26 |  |
| 9 | Mon | 7:11 | 6.2 | 7:29 | 5.9 | 1:03 | -0.4 | 1:29 | -0.3 | 7:01 | 6:25 |  |
| 10 | Tue | 7:58 | 6.4 | 8:16 | 5.8 | 1:50 | -0.5 | 2:21 | -0.4 | 7:02 | 6:23 |  |
| 11 | Wed | 8:43 | 6.4 | 9:03 | 5.6 | 2:36 | -0.4 | 3:11 | -0.3 | 7:03 | 6:21 |  |
| 12 | Thu | 9:29 | 6.3 | 9:52 | 5.2 | 3:21 | -0.2 | 3:58 | -0.2 | 7:04 | 6:20 |  |
| 13 | Fri | 10:16 | 6.0 | 10:42 | 4.9 | 4:05 | 0.1 | 4:44 | 0.1 | 7:05 | 6:18 |  |
| 14 | Sat | 11:06 | 5.6 | 11:37 | 4.5 | 4:47 | 0.4 | 5:31 | 0.4 | 7:06 | 6:17 |  |
| 15 | Sun | 11:59 | 5.2 | | | 5:31 | 0.9 | 6:21 | 0.8 | 7:07 | 6:15 |  |
| 16 | Mon | 12:34 | 4.3 | 12:54 | 5.0 | 6:20 | 1.2 | 7:18 | 1.1 | 7:08 | 6:14 |  |
| 17 | Tue | 1:30 | 4.1 | 1:48 | 4.7 | 7:20 | 1.5 | 8:22 | 1.2 | 7:09 | 6:12 |  |
| 18 | Wed | 2:24 | 4.1 | 2:41 | 4.6 | 8:30 | 1.6 | 9:22 | 1.2 | 7:10 | 6:11 |  |
| 19 | Thu | 3:18 | 4.1 | 3:34 | 4.6 | 9:36 | 1.6 | 10:13 | 1.1 | 7:12 | 6:09 |  |
| 20 | Fri | 4:12 | 4.3 | 4:29 | 4.6 | 10:32 | 1.4 | 10:58 | 0.9 | 7:13 | 6:08 |  |
| 21 | Sat | 5:05 | 4.5 | 5:21 | 4.7 | 11:20 | 1.1 | 11:39 | 0.7 | 7:14 | 6:07 |  |
| 22 | Sun | 5:52 | 4.8 | 6:07 | 4.8 | | | 12:05 | 0.9 | 7:15 | 6:05 |  |
| 23 | Mon | 6:32 | 5.1 | 6:49 | 4.9 | 12:17 | 0.5 | 12:48 | 0.7 | 7:16 | 6:04 |  |
| 24 | Tue | 7:08 | 5.4 | 7:27 | 4.9 | 12:55 | 0.4 | 1:31 | 0.5 | 7:17 | 6:02 |  |
| 25 | Wed | 7:41 | 5.6 | 8:04 | 4.9 | 1:32 | 0.3 | 2:13 | 0.3 | 7:18 | 6:01 |  |
| 26 | Thu | 8:14 | 5.7 | 8:41 | 4.8 | 2:11 | 0.3 | 2:56 | 0.3 | 7:19 | 6:00 |  |
| 27 | Fri | 8:48 | 5.7 | 9:20 | 4.7 | 2:49 | 0.4 | 3:38 | 0.3 | 7:20 | 5:58 |  |
| 28 | Sat | 9:25 | 5.7 | 10:03 | 4.5 | 3:28 | 0.4 | 4:21 | 0.3 | 7:22 | 5:57 |  |
| 29 | Sun | 10:09 | 5.6 | 10:55 | 4.3 | 4:08 | 0.5 | 5:05 | 0.4 | 7:23 | 5:56 |  |
| 30 | Mon | 11:03 | 5.4 | 11:57 | 4.3 | 4:52 | 0.6 | 5:54 | 0.6 | 7:24 | 5:55 |  |
| 31 | Tue | | | 12:06 | 5.3 | 5:42 | 0.8 | 6:54 | 0.7 | 7:25 | 5:53 |  |