

































Atlantic Highlands, NJ - Jan 2046

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:15	4.9	2:32	4.0	8:51	0.2	9:03	-0.1	7:19	4:40	
2	Tue	3:14	4.9	3:36	3.9	9:53	0.1	9:59	0.0	7:19	4:41	
3	Wed	4:14	4.9	4:40	3.9	10:48	0.0	10:51	0.0	7:19	4:42	
4	Thu	5:10	5.0	5:35	4.0	11:39	-0.1	11:40	0.0	7:19	4:43	
5	Fri	5:59	5.1	6:24	4.1			12:28	-0.2	7:19	4:44	
6	Sat	6:43	5.1	7:09	4.1	12:28	0.0	1:14	-0.3	7:19	4:45	
7	Sun	7:25	5.1	7:51	4.2	1:14	0.0	1:57	-0.4	7:19	4:45	
8	Mon	8:05	5.0	8:33	4.1	1:58	0.0	2:36	-0.4	7:18	4:46	
9	Tue	8:45	4.8	9:14	4.1	2:39	0.0	3:13	-0.3	7:18	4:47	
10	Wed	9:24	4.6	9:55	4.0	3:17	0.2	3:47	-0.2	7:18	4:49	
11	Thu	10:03	4.4	10:36	4.0	3:54	0.3	4:20	-0.1	7:18	4:50	
12	Fri	10:44	4.1	11:18	4.0	4:31	0.5	4:52	0.1	7:17	4:51	
13	Sat	11:26	3.9	11:59	4.0	5:12	0.7	5:27	0.2	7:17	4:52	
14	Sun			12:10	3.7	6:02	0.8	6:09	0.4	7:17	4:53	
15	Mon	12:41	4.0	12:58	3.5	7:07	0.9	7:02	0.5	7:16	4:54	
16	Tue	1:25	4.1	1:50	3.4	8:17	0.9	8:05	0.5	7:16	4:55	
17	Wed	2:17	4.2	2:52	3.4	9:22	0.6	9:08	0.4	7:15	4:56	
18	Thu	3:18	4.4	4:00	3.5	10:19	0.3	10:06	0.1	7:15	4:57	
19	Fri	4:22	4.7	5:02	3.8	11:12	0.0	11:02	-0.2	7:14	4:58	
20	Sat	5:20	5.1	5:55	4.1			12:04	-0.4	7:14	5:00	
21	Sun	6:12	5.5	6:45	4.5			12:54	-0.7	7:13	5:01	
22	Mon	7:01	5.7	7:34	4.8	12:51	-0.7	1:43	-1.0	7:13	5:02	
23	Tue	7:49	5.8	8:24	5.0	1:44	-0.9	2:30	-1.2	7:12	5:03	
24	Wed	8:38	5.7	9:15	5.1	2:36	-1.0	3:15	-1.3	7:11	5:04	
25	Thu	9:30	5.4	10:08	5.1	3:26	-1.0	3:59	-1.2	7:10	5:06	
26	Fri	10:23	5.1	11:03	5.1	4:17	-0.8	4:45	-1.0	7:10	5:07	
27	Sat	11:19	4.7	11:59	5.0	5:11	-0.5	5:34	-0.7	7:09	5:08	
28	Sun			12:15	4.3	6:12	-0.1	6:30	-0.3	7:08	5:09	
29	Mon	12:54	4.8	1:12	4.0	7:20	0.2	7:33	0.0	7:07	5:10	
30	Tue	1:49	4.7	2:11	3.7	8:29	0.3	8:38	0.2	7:06	5:12	
31	Wed	2:48	4.5	3:16	3.5	9:33	0.2	9:39	0.2	7:05	5:13	