
































Atlantic Highlands, NJ - Jul 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:20	5.4	12:59	5.2	6:35	-0.1	7:06	0.8	5:30	8:30	
2	Thu	1:13	5.0	1:49	5.1	7:25	0.3	8:07	1.0	5:30	8:30	
3	Fri	2:03	4.7	2:37	5.1	8:18	0.5	9:09	1.1	5:31	8:29	
4	Sat	2:52	4.4	3:25	5.0	9:10	0.7	10:07	1.0	5:31	8:29	
5	Sun	3:45	4.2	4:16	5.0	10:01	0.8	11:00	1.0	5:32	8:29	
6	Mon	4:41	4.1	5:09	5.0	10:49	0.8	11:48	0.8	5:33	8:29	
7	Tue	5:38	4.1	5:59	5.1	11:35	0.8			5:33	8:28	
8	Wed	6:29	4.2	6:44	5.3	12:33	0.7	12:21	0.8	5:34	8:28	
9	Thu	7:15	4.4	7:25	5.4	1:18	0.5	1:06	0.7	5:35	8:28	
10	Fri	7:57	4.5	8:03	5.4	2:01	0.4	1:51	0.7	5:35	8:27	
11	Sat	8:37	4.6	8:39	5.4	2:43	0.3	2:35	0.6	5:36	8:27	
12	Sun	9:16	4.6	9:13	5.4	3:22	0.2	3:17	0.6	5:37	8:26	
13	Mon	9:55	4.6	9:48	5.3	3:59	0.2	3:56	0.6	5:38	8:26	
14	Tue	10:33	4.7	10:25	5.1	4:33	0.2	4:35	0.7	5:38	8:25	
15	Wed	11:14	4.8	11:07	5.0	5:06	0.2	5:14	0.7	5:39	8:25	
16	Thu	11:59	4.9	11:57	4.8	5:39	0.3	6:00	0.8	5:40	8:24	
17	Fri			12:48	5.1	6:18	0.4	6:56	0.9	5:41	8:23	
18	Sat	12:51	4.7	1:39	5.3	7:07	0.5	8:05	0.9	5:41	8:23	
19	Sun	1:49	4.6	2:34	5.4	8:10	0.5	9:18	0.8	5:42	8:22	
20	Mon	2:51	4.5	3:35	5.6	9:19	0.5	10:26	0.6	5:43	8:21	
21	Tue	3:59	4.5	4:41	5.8	10:27	0.4	11:27	0.3	5:44	8:20	
22	Wed	5:11	4.6	5:47	6.0	11:29	0.2			5:45	8:20	
23	Thu	6:17	4.9	6:45	6.2	12:24	0.0	12:28	0.0	5:46	8:19	
24	Fri	7:15	5.2	7:39	6.4	1:19	-0.3	1:26	-0.2	5:47	8:18	
25	Sat	8:09	5.4	8:30	6.4	2:12	-0.5	2:22	-0.2	5:48	8:17	
26	Sun	9:01	5.6	9:19	6.2	3:02	-0.7	3:16	-0.2	5:48	8:16	
27	Mon	9:52	5.6	10:09	5.9	3:49	-0.7	4:06	-0.1	5:49	8:15	
28	Tue	10:42	5.5	10:59	5.6	4:33	-0.5	4:53	0.1	5:50	8:14	
29	Wed	11:33	5.4	11:49	5.2	5:15	-0.3	5:41	0.4	5:51	8:13	
30	Thu			12:23	5.3	5:57	0.1	6:31	0.8	5:52	8:12	
31	Fri	12:40	4.8	1:12	5.1	6:41	0.4	7:27	1.0	5:53	8:11	