

































## Atlantic Highlands, NJ - Aug 2048

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:29	4.5	1:58	5.0	7:30	0.8	8:29	1.2	5:54	8:10	
2	Sun	2:19	4.3	2:45	4.9	8:23	1.0	9:30	1.3	5:55	8:09	
3	Mon	3:10	4.1	3:36	4.8	9:20	1.1	10:26	1.2	5:56	8:08	
4	Tue	4:06	4.0	4:31	4.8	10:15	1.1	11:17	1.0	5:57	8:07	
5	Wed	5:05	4.1	5:26	4.9	11:06	1.0			5:58	8:05	
6	Thu	6:00	4.2	6:16	5.1	12:04	0.8	11:54 AM	0.9	5:59	8:04	
7	Fri	6:48	4.5	6:58	5.3	12:48	0.6	12:41	0.8	6:00	8:03	
8	Sat	7:30	4.7	7:37	5.4	1:30	0.4	1:26	0.6	6:01	8:02	
9	Sun	8:09	4.8	8:13	5.5	2:12	0.3	2:11	0.5	6:02	8:00	
10	Mon	8:46	5.0	8:48	5.5	2:51	0.2	2:54	0.4	6:03	7:59	
11	Tue	9:23	5.1	9:24	5.4	3:28	0.1	3:36	0.4	6:04	7:58	
12	Wed	10:00	5.2	10:03	5.3	4:03	0.1	4:17	0.4	6:05	7:57	
13	Thu	10:41	5.3	10:47	5.1	4:37	0.1	4:58	0.5	6:06	7:55	
14	Fri	11:28	5.4	11:38	4.9	5:12	0.2	5:44	0.6	6:07	7:54	
15	Sat			12:21	5.4	5:52	0.3	6:39	0.8	6:08	7:52	
16	Sun	12:36	4.7	1:18	5.5	6:43	0.5	7:48	0.9	6:08	7:51	
17	Mon	1:37	4.5	2:17	5.5	7:50	0.7	9:02	0.8	6:09	7:50	
18	Tue	2:41	4.5	3:20	5.5	9:06	0.7	10:11	0.7	6:10	7:48	
19	Wed	3:49	4.5	4:27	5.6	10:16	0.5	11:12	0.4	6:11	7:47	
20	Thu	5:01	4.7	5:33	5.8	11:20	0.3			6:12	7:45	
21	Fri	6:05	5.0	6:31	6.0	12:07	0.1	12:18	0.1	6:13	7:44	
22	Sat	7:01	5.4	7:23	6.2	12:59	-0.2	1:13	-0.1	6:14	7:42	
23	Sun	7:51	5.6	8:11	6.2	1:49	-0.4	2:06	-0.1	6:15	7:41	
24	Mon	8:38	5.8	8:57	6.0	2:36	-0.5	2:57	-0.1	6:16	7:39	
25	Tue	9:24	5.8	9:42	5.7	3:21	-0.4	3:44	0.0	6:17	7:38	
26	Wed	10:09	5.7	10:28	5.4	4:02	-0.3	4:28	0.2	6:18	7:36	
27	Thu	10:55	5.5	11:16	5.0	4:41	0.0	5:12	0.4	6:19	7:35	
28	Fri	11:41	5.3			5:19	0.3	5:56	0.8	6:20	7:33	
29	Sat	12:05	4.7	12:29	5.1	5:57	0.7	6:46	1.1	6:21	7:32	
30	Sun	12:55	4.4	1:17	4.9	6:41	1.0	7:44	1.3	6:22	7:30	
31	Mon	1:46	4.2	2:05	4.8	7:34	1.3	8:48	1.4	6:23	7:28	