

































## Atlantic Highlands, NJ - Aug 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:02	4.8	9:58	5.1	4:02	0.3	4:08	0.7	5:54	8:10	
2	Mon	10:39	4.8	10:32	4.9	4:33	0.3	4:44	0.8	5:55	8:09	
3	Tue	11:16	4.8	11:11	4.7	5:04	0.4	5:21	0.9	5:56	8:08	
4	Wed	11:57	4.9	11:57	4.6	5:34	0.5	6:03	1.0	5:57	8:07	
5	Thu			12:43	5.0	6:09	0.7	6:57	1.1	5:58	8:06	
6	Fri	12:50	4.4	1:34	5.1	6:56	0.8	8:06	1.1	5:59	8:04	
7	Sat	1:48	4.3	2:30	5.3	8:02	0.8	9:20	1.0	6:00	8:03	
8	Sun	2:50	4.3	3:31	5.4	9:17	0.7	10:26	0.7	6:00	8:02	
9	Mon	4:00	4.4	4:39	5.7	10:27	0.5	11:26	0.3	6:01	8:01	
10	Tue	5:12	4.7	5:44	6.0	11:30	0.2			6:02	8:00	
11	Wed	6:16	5.1	6:42	6.3	12:21	0.0	12:29	-0.1	6:03	7:58	
12	Thu	7:12	5.5	7:36	6.4	1:14	-0.4	1:26	-0.3	6:04	7:57	
13	Fri	8:05	5.8	8:26	6.5	2:06	-0.7	2:22	-0.4	6:05	7:56	
14	Sat	8:56	6.0	9:17	6.3	2:56	-0.8	3:16	-0.5	6:06	7:54	
15	Sun	9:47	6.0	10:08	6.1	3:44	-0.8	4:07	-0.4	6:07	7:53	
16	Mon	10:39	5.9	11:00	5.7	4:29	-0.7	4:57	-0.1	6:08	7:51	
17	Tue	11:32	5.8	11:54	5.3	5:14	-0.4	5:47	0.2	6:09	7:50	
18	Wed			12:25	5.6	6:00	0.0	6:42	0.6	6:10	7:49	
19	Thu	12:48	4.9	1:18	5.3	6:49	0.4	7:43	0.9	6:11	7:47	
20	Fri	1:42	4.6	2:09	5.1	7:44	0.8	8:47	1.1	6:12	7:46	
21	Sat	2:35	4.4	3:00	5.0	8:44	1.0	9:49	1.1	6:13	7:44	
22	Sun	3:30	4.2	3:55	4.9	9:43	1.1	10:44	1.0	6:14	7:43	
23	Mon	4:28	4.2	4:52	4.9	10:38	1.1	11:32	0.9	6:15	7:41	
24	Tue	5:25	4.4	5:45	5.0	11:27	1.0			6:16	7:40	
25	Wed	6:16	4.6	6:31	5.2	12:16	0.7	12:14	0.8	6:17	7:38	
26	Thu	7:00	4.8	7:12	5.3	12:57	0.6	12:58	0.7	6:18	7:37	
27	Fri	7:40	5.0	7:49	5.4	1:37	0.4	1:42	0.6	6:19	7:35	
28	Sat	8:17	5.1	8:24	5.3	2:16	0.3	2:25	0.5	6:20	7:34	
29	Sun	8:53	5.2	8:57	5.3	2:53	0.3	3:06	0.5	6:21	7:32	
30	Mon	9:26	5.2	9:30	5.1	3:28	0.3	3:45	0.5	6:22	7:30	
31	Tue	10:00	5.2	10:05	4.9	4:01	0.3	4:22	0.5	6:23	7:29	