

































## Atlantic Highlands, NJ - Dec 2049

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:08	4.8	12:27	5.1	6:16	0.4	6:54	-0.1	7:00	4:30	
2	Thu	1:06	4.9	1:25	4.9	7:28	0.5	7:55	-0.1	7:01	4:30	
3	Fri	2:03	5.0	2:23	4.7	8:37	0.4	8:53	-0.1	7:02	4:29	
4	Sat	3:02	5.1	3:24	4.6	9:38	0.2	9:47	-0.2	7:03	4:29	
5	Sun	4:00	5.3	4:24	4.6	10:34	0.0	10:37	-0.2	7:04	4:29	
6	Mon	4:55	5.4	5:19	4.6	11:25	-0.1	11:25	-0.2	7:05	4:29	
7	Tue	5:43	5.5	6:08	4.6			12:14	-0.2	7:06	4:29	
8	Wed	6:27	5.5	6:53	4.6	12:11	-0.2	1:01	-0.3	7:06	4:29	
9	Thu	7:09	5.5	7:37	4.6	12:56	-0.1	1:45	-0.3	7:07	4:29	
10	Fri	7:49	5.4	8:20	4.5	1:40	0.0	2:28	-0.2	7:08	4:29	
11	Sat	8:29	5.2	9:04	4.3	2:22	0.1	3:07	-0.1	7:09	4:29	
12	Sun	9:08	4.9	9:49	4.2	3:02	0.2	3:44	0.0	7:10	4:29	
13	Mon	9:49	4.7	10:35	4.1	3:40	0.4	4:21	0.2	7:10	4:30	
14	Tue	10:32	4.4	11:22	4.0	4:19	0.6	4:58	0.3	7:11	4:30	
15	Wed	11:16	4.2			5:00	0.8	5:38	0.5	7:12	4:30	
16	Thu	12:08	4.0	12:02	4.1	5:50	1.0	6:25	0.6	7:13	4:30	
17	Fri	12:53	4.1	12:49	3.9	6:52	1.1	7:19	0.6	7:13	4:31	
18	Sat	1:37	4.2	1:38	3.8	7:59	1.0	8:15	0.6	7:14	4:31	
19	Sun	2:25	4.3	2:33	3.8	9:01	0.8	9:09	0.4	7:14	4:32	
20	Mon	3:18	4.6	3:36	3.8	9:58	0.5	10:01	0.2	7:15	4:32	
21	Tue	4:14	4.9	4:37	4.0	10:51	0.1	10:51	0.0	7:15	4:33	
22	Wed	5:07	5.3	5:32	4.3	11:42	-0.2	11:41	-0.2	7:16	4:33	
23	Thu	5:57	5.6	6:23	4.5			12:33	-0.5	7:16	4:34	
24	Fri	6:45	5.9	7:12	4.7	12:34	-0.5	1:24	-0.8	7:17	4:34	
25	Sat	7:34	6.0	8:03	4.9	1:27	-0.6	2:14	-1.0	7:17	4:35	
26	Sun	8:24	5.9	8:56	4.9	2:19	-0.7	3:02	-1.1	7:17	4:36	
27	Mon	9:17	5.8	9:52	5.0	3:11	-0.7	3:49	-1.1	7:18	4:36	
28	Tue	10:12	5.5	10:50	5.0	4:03	-0.6	4:37	-1.0	7:18	4:37	
29	Wed	11:10	5.2	11:48	4.9	4:57	-0.3	5:28	-0.7	7:18	4:38	
30	Thu			12:07	4.9	5:59	-0.1	6:24	-0.5	7:18	4:38	
31	Fri	12:44	4.9	1:03	4.5	7:06	0.2	7:26	-0.3	7:19	4:39	