

































Atlantic Highlands, NJ - Jul 2051

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:38	5.1	2:16	5.4	8:00	0.1	8:50	0.7	5:29	8:30	
2	Sun	2:36	5.0	3:13	5.6	9:02	0.1	9:57	0.5	5:30	8:30	
3	Mon	3:37	4.8	4:14	5.7	10:03	0.1	10:59	0.3	5:30	8:30	
4	Tue	4:43	4.8	5:16	5.8	11:01	0.0	11:56	0.1	5:31	8:29	
5	Wed	5:47	4.9	6:14	6.0	11:56	-0.1			5:32	8:29	
6	Thu	6:45	5.0	7:07	6.1	12:50	-0.1	12:50	-0.1	5:32	8:29	
7	Fri	7:37	5.1	7:55	6.1	1:43	-0.2	1:43	0.0	5:33	8:29	
8	Sat	8:27	5.2	8:42	6.0	2:33	-0.3	2:34	0.0	5:33	8:28	
9	Sun	9:16	5.2	9:27	5.8	3:20	-0.3	3:22	0.1	5:34	8:28	
10	Mon	10:04	5.1	10:12	5.5	4:03	-0.2	4:07	0.3	5:35	8:27	
11	Tue	10:51	5.0	10:58	5.2	4:44	-0.1	4:49	0.5	5:36	8:27	
12	Wed	11:39	4.9	11:44	4.9	5:23	0.1	5:32	0.8	5:36	8:27	
13	Thu			12:27	4.8	6:01	0.4	6:17	1.0	5:37	8:26	
14	Fri	12:31	4.7	1:13	4.8	6:42	0.6	7:08	1.2	5:38	8:26	
15	Sat	1:17	4.4	1:57	4.8	7:28	0.8	8:06	1.3	5:38	8:25	
16	Sun	2:02	4.2	2:42	4.8	8:19	1.0	9:07	1.3	5:39	8:24	
17	Mon	2:50	4.1	3:29	4.8	9:13	1.0	10:05	1.2	5:40	8:24	
18	Tue	3:43	4.0	4:21	4.9	10:07	1.0	10:58	1.0	5:41	8:23	
19	Wed	4:42	4.1	5:14	5.1	10:58	0.9	11:48	0.7	5:42	8:22	
20	Thu	5:39	4.2	6:04	5.3	11:46	0.7			5:43	8:22	
21	Fri	6:30	4.4	6:50	5.6	12:35	0.5	12:34	0.6	5:43	8:21	
22	Sat	7:16	4.7	7:33	5.8	1:22	0.2	1:22	0.4	5:44	8:20	
23	Sun	8:00	4.9	8:15	6.0	2:08	0.0	2:11	0.2	5:45	8:19	
24	Mon	8:44	5.1	8:59	6.0	2:54	-0.3	3:00	0.1	5:46	8:18	
25	Tue	9:29	5.3	9:45	6.0	3:37	-0.4	3:48	0.0	5:47	8:18	
26	Wed	10:18	5.4	10:35	5.8	4:20	-0.5	4:35	0.0	5:48	8:17	
27	Thu	11:10	5.5	11:29	5.6	5:03	-0.4	5:25	0.1	5:49	8:16	
28	Fri			12:06	5.5	5:48	-0.3	6:20	0.3	5:50	8:15	
29	Sat	12:27	5.3	1:03	5.6	6:39	-0.1	7:24	0.5	5:51	8:14	
30	Sun	1:24	5.1	1:59	5.6	7:38	0.1	8:34	0.6	5:51	8:13	
31	Mon	2:23	4.9	2:56	5.6	8:42	0.2	9:42	0.6	5:52	8:12	