



## Atlantic Highlands, NJ - Jun 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:22	4.7	8:37	5.6	2:27	0.1	2:28	0.4	5:27	8:20	☉
2	Mon	9:03	4.6	9:15	5.5	3:08	0.1	3:09	0.5	5:27	8:21	☉
3	Tue	9:44	4.5	9:53	5.3	3:48	0.1	3:48	0.7	5:27	8:21	☉
4	Wed	10:26	4.4	10:31	5.1	4:26	0.2	4:25	0.8	5:26	8:22	☉
5	Thu	11:10	4.3	11:12	4.9	5:02	0.3	5:01	1.0	5:26	8:23	☾
6	Fri	11:56	4.3	11:55	4.8	5:39	0.5	5:39	1.2	5:26	8:23	☾
7	Sat			12:41	4.3	6:19	0.6	6:23	1.3	5:25	8:24	☾
8	Sun	12:41	4.7	1:26	4.4	7:04	0.7	7:21	1.4	5:25	8:25	☾
9	Mon	1:29	4.6	2:11	4.6	7:57	0.7	8:31	1.3	5:25	8:25	☾
10	Tue	2:20	4.6	2:59	4.8	8:54	0.6	9:38	1.1	5:25	8:26	☾
11	Wed	3:15	4.6	3:53	5.1	9:50	0.5	10:39	0.8	5:25	8:26	☾
12	Thu	4:17	4.6	4:51	5.4	10:44	0.3	11:35	0.4	5:25	8:27	☾
13	Fri	5:21	4.8	5:49	5.8	11:37	0.0			5:25	8:27	☾
14	Sat	6:21	5.0	6:43	6.2	12:29	0.0	12:30	-0.2	5:25	8:27	☾
15	Sun	7:16	5.2	7:35	6.5	1:24	-0.3	1:24	-0.4	5:25	8:28	☾
16	Mon	8:09	5.4	8:26	6.6	2:18	-0.6	2:19	-0.5	5:25	8:28	☾
17	Tue	9:03	5.5	9:19	6.5	3:12	-0.8	3:14	-0.5	5:25	8:29	☾
18	Wed	9:59	5.5	10:14	6.3	4:03	-0.8	4:07	-0.4	5:25	8:29	☾
19	Thu	10:58	5.5	11:12	6.0	4:53	-0.8	5:00	-0.2	5:25	8:29	☾
20	Fri	11:57	5.4			5:43	-0.6	5:55	0.1	5:26	8:29	☾
21	Sat	12:10	5.7	12:54	5.4	6:37	-0.3	6:54	0.4	5:26	8:30	☾
22	Sun	1:07	5.4	1:49	5.3	7:33	0.0	7:58	0.7	5:26	8:30	☾
23	Mon	2:01	5.1	2:41	5.3	8:31	0.2	9:03	0.8	5:26	8:30	☾
24	Tue	2:54	4.8	3:34	5.3	9:27	0.3	10:03	0.8	5:27	8:30	☾
25	Wed	3:48	4.6	4:27	5.3	10:19	0.4	10:57	0.7	5:27	8:30	☾
26	Thu	4:45	4.4	5:20	5.3	11:06	0.5	11:47	0.6	5:27	8:30	☾
27	Fri	5:40	4.4	6:08	5.4	11:51	0.5			5:28	8:30	☉
28	Sat	6:30	4.5	6:52	5.5	12:33	0.5	12:34	0.5	5:28	8:30	☉
29	Sun	7:16	4.5	7:33	5.6	1:17	0.4	1:18	0.6	5:29	8:30	☉
30	Mon	7:58	4.6	8:12	5.6	2:01	0.3	2:01	0.6	5:29	8:30	☉