

































Atlantic Highlands, NJ - Oct 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:26	5.8	11:00	5.0	4:26	0.1	5:05	0.3	6:53	6:37	
2	Thu	11:18	5.7	11:59	4.9	5:08	0.3	5:55	0.5	6:54	6:36	
3	Fri			12:18	5.6	5:57	0.5	6:56	0.6	6:55	6:34	
4	Sat	1:01	4.8	1:21	5.5	6:58	0.7	8:06	0.7	6:56	6:33	
5	Sun	2:03	4.8	2:24	5.5	8:12	0.8	9:16	0.6	6:57	6:31	
6	Mon	3:06	4.9	3:28	5.4	9:26	0.7	10:19	0.4	6:58	6:29	
7	Tue	4:10	5.1	4:33	5.5	10:32	0.5	11:14	0.1	6:59	6:28	
8	Wed	5:14	5.4	5:35	5.6	11:30	0.2			7:00	6:26	
9	Thu	6:10	5.7	6:30	5.8	12:06	-0.1	12:24	0.0	7:01	6:25	
10	Fri	7:01	6.0	7:19	5.8	12:54	-0.3	1:16	-0.2	7:02	6:23	
11	Sat	7:47	6.1	8:05	5.8	1:41	-0.3	2:05	-0.2	7:03	6:21	
12	Sun	8:31	6.1	8:49	5.6	2:26	-0.3	2:53	-0.2	7:04	6:20	
13	Mon	9:14	6.0	9:33	5.3	3:09	-0.1	3:38	-0.1	7:05	6:18	
14	Tue	9:57	5.8	10:18	5.0	3:50	0.1	4:20	0.1	7:06	6:17	
15	Wed	10:41	5.5	11:06	4.7	4:29	0.4	5:02	0.4	7:07	6:15	
16	Thu	11:27	5.2	11:57	4.5	5:07	0.7	5:44	0.7	7:08	6:14	
17	Fri			12:17	5.0	5:47	1.0	6:31	0.9	7:09	6:12	
18	Sat	12:49	4.3	1:07	4.8	6:33	1.3	7:26	1.1	7:10	6:11	
19	Sun	1:41	4.2	1:57	4.6	7:33	1.5	8:26	1.2	7:12	6:09	
20	Mon	2:31	4.2	2:47	4.6	8:41	1.6	9:25	1.1	7:13	6:08	
21	Tue	3:23	4.2	3:40	4.6	9:43	1.4	10:17	0.9	7:14	6:07	
22	Wed	4:17	4.4	4:35	4.7	10:38	1.2	11:04	0.7	7:15	6:05	
23	Thu	5:09	4.7	5:27	4.9	11:27	0.9	11:47	0.5	7:16	6:04	
24	Fri	5:56	5.0	6:15	5.1			12:14	0.6	7:17	6:02	
25	Sat	6:38	5.4	6:58	5.2	12:29	0.2	12:59	0.3	7:18	6:01	
26	Sun	7:17	5.7	7:40	5.4	1:11	0.0	1:45	0.1	7:19	6:00	
27	Mon	7:56	5.9	8:21	5.4	1:54	-0.1	2:32	-0.1	7:20	5:58	
28	Tue	8:36	6.1	9:06	5.3	2:38	-0.2	3:19	-0.2	7:22	5:57	
29	Wed	9:20	6.1	9:54	5.2	3:22	-0.2	4:06	-0.2	7:23	5:56	
30	Thu	10:09	6.0	10:49	5.0	4:07	-0.1	4:53	-0.2	7:24	5:55	
31	Fri	11:04	5.8	11:50	4.9	4:54	0.0	5:45	0.0	7:25	5:53	