

































Atlantic Highlands, NJ - Dec 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:55	5.3			5:37	0.1	6:27	-0.2	7:00	4:30	
2	Tue	12:39	4.9	12:54	5.1	6:45	0.3	7:31	-0.1	7:01	4:30	
3	Wed	1:37	4.9	1:52	4.8	7:55	0.4	8:31	-0.1	7:02	4:29	
4	Thu	2:34	5.0	2:50	4.7	9:00	0.3	9:27	-0.1	7:03	4:29	
5	Fri	3:32	5.1	3:50	4.6	9:58	0.2	10:17	-0.2	7:04	4:29	
6	Sat	4:27	5.2	4:47	4.6	10:50	0.0	11:03	-0.2	7:05	4:29	
7	Sun	5:17	5.4	5:37	4.6	11:39	-0.1	11:47	-0.1	7:06	4:29	
8	Mon	6:02	5.5	6:22	4.6			12:25	-0.2	7:06	4:29	
9	Tue	6:43	5.5	7:04	4.6	12:30	-0.1	1:09	-0.2	7:07	4:29	
10	Wed	7:23	5.4	7:45	4.5	1:13	0.0	1:52	-0.2	7:08	4:29	
11	Thu	8:01	5.3	8:26	4.4	1:54	0.1	2:32	-0.2	7:09	4:29	
12	Fri	8:40	5.1	9:08	4.2	2:33	0.2	3:11	-0.1	7:10	4:29	
13	Sat	9:19	4.9	9:51	4.1	3:11	0.3	3:48	0.0	7:10	4:30	
14	Sun	9:59	4.7	10:36	4.0	3:48	0.5	4:24	0.1	7:11	4:30	
15	Mon	10:42	4.5	11:23	3.9	4:25	0.7	5:02	0.3	7:12	4:30	
16	Tue	11:28	4.3			5:05	0.9	5:45	0.4	7:13	4:30	
17	Wed	12:08	3.9	12:14	4.2	5:57	1.0	6:35	0.5	7:13	4:31	
18	Thu	12:53	4.0	1:03	4.1	7:05	1.1	7:32	0.5	7:14	4:31	
19	Fri	1:40	4.2	1:55	4.1	8:14	0.9	8:29	0.3	7:14	4:32	
20	Sat	2:31	4.4	2:54	4.1	9:17	0.6	9:24	0.1	7:15	4:32	
21	Sun	3:28	4.7	3:57	4.2	10:13	0.3	10:16	-0.2	7:15	4:33	
22	Mon	4:26	5.1	4:57	4.4	11:07	-0.1	11:07	-0.4	7:16	4:33	
23	Tue	5:20	5.5	5:51	4.7	11:59	-0.5	11:59	-0.7	7:16	4:34	
24	Wed	6:11	5.8	6:43	4.9			12:52	-0.8	7:17	4:34	
25	Thu	7:01	6.1	7:34	5.1	12:52	-0.9	1:44	-1.0	7:17	4:35	
26	Fri	7:52	6.1	8:27	5.1	1:46	-1.0	2:35	-1.2	7:17	4:36	
27	Sat	8:44	6.0	9:23	5.1	2:39	-1.0	3:24	-1.2	7:18	4:36	
28	Sun	9:39	5.7	10:21	5.0	3:31	-0.9	4:14	-1.1	7:18	4:37	
29	Mon	10:37	5.4	11:20	4.9	4:24	-0.6	5:05	-0.9	7:18	4:38	
30	Tue	11:35	5.1			5:20	-0.3	6:00	-0.6	7:18	4:38	
31	Wed	12:17	4.9	12:32	4.8	6:23	0.0	7:00	-0.3	7:19	4:39	