































Atlantic Highlands, NJ - Feb 2054

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 2:31 | 4.4 | 2:52 | 3.7 | 9:07 | 0.3 | 9:19 | 0.2 | 7:04 | 5:14 |  |
| 2 | Mon | 3:27 | 4.4 | 3:52 | 3.6 | 10:02 | 0.2 | 10:10 | 0.2 | 7:03 | 5:15 |  |
| 3 | Tue | 4:23 | 4.4 | 4:49 | 3.7 | 10:51 | 0.1 | 10:57 | 0.1 | 7:02 | 5:17 |  |
| 4 | Wed | 5:14 | 4.6 | 5:38 | 3.9 | 11:37 | 0.0 | 11:42 | 0.0 | 7:01 | 5:18 |  |
| 5 | Thu | 5:59 | 4.7 | 6:22 | 4.1 | | | 12:20 | -0.2 | 7:00 | 5:19 |  |
| 6 | Fri | 6:39 | 4.8 | 7:02 | 4.2 | 12:26 | -0.1 | 1:02 | -0.3 | 6:59 | 5:20 |  |
| 7 | Sat | 7:18 | 4.9 | 7:40 | 4.3 | 1:09 | -0.1 | 1:42 | -0.4 | 6:58 | 5:21 |  |
| 8 | Sun | 7:54 | 4.8 | 8:16 | 4.3 | 1:50 | -0.2 | 2:20 | -0.5 | 6:57 | 5:23 |  |
| 9 | Mon | 8:29 | 4.7 | 8:51 | 4.3 | 2:29 | -0.2 | 2:55 | -0.5 | 6:56 | 5:24 |  |
| 10 | Tue | 9:03 | 4.6 | 9:24 | 4.2 | 3:05 | -0.1 | 3:28 | -0.4 | 6:55 | 5:25 |  |
| 11 | Wed | 9:38 | 4.4 | 9:59 | 4.2 | 3:40 | 0.0 | 4:00 | -0.3 | 6:53 | 5:26 |  |
| 12 | Thu | 10:16 | 4.3 | 10:39 | 4.2 | 4:15 | 0.1 | 4:31 | -0.2 | 6:52 | 5:27 |  |
| 13 | Fri | 11:01 | 4.1 | 11:26 | 4.3 | 4:54 | 0.3 | 5:08 | 0.0 | 6:51 | 5:29 |  |
| 14 | Sat | 11:53 | 4.0 | | | 5:44 | 0.4 | 5:55 | 0.1 | 6:50 | 5:30 |  |
| 15 | Sun | 12:19 | 4.4 | 12:50 | 3.9 | 6:55 | 0.5 | 7:01 | 0.2 | 6:48 | 5:31 |  |
| 16 | Mon | 1:16 | 4.5 | 1:53 | 3.9 | 8:13 | 0.4 | 8:15 | 0.1 | 6:47 | 5:32 |  |
| 17 | Tue | 2:20 | 4.7 | 3:02 | 4.0 | 9:23 | 0.1 | 9:25 | -0.1 | 6:46 | 5:33 |  |
| 18 | Wed | 3:31 | 4.9 | 4:13 | 4.2 | 10:24 | -0.2 | 10:28 | -0.4 | 6:44 | 5:35 |  |
| 19 | Thu | 4:39 | 5.2 | 5:16 | 4.6 | 11:20 | -0.6 | 11:26 | -0.8 | 6:43 | 5:36 |  |
| 20 | Fri | 5:39 | 5.5 | 6:12 | 5.0 | | | 12:14 | -1.0 | 6:42 | 5:37 |  |
| 21 | Sat | 6:33 | 5.8 | 7:04 | 5.3 | 12:23 | -1.1 | 1:06 | -1.3 | 6:40 | 5:38 |  |
| 22 | Sun | 7:23 | 5.9 | 7:54 | 5.5 | 1:18 | -1.2 | 1:56 | -1.4 | 6:39 | 5:39 |  |
| 23 | Mon | 8:13 | 5.8 | 8:44 | 5.5 | 2:11 | -1.3 | 2:44 | -1.4 | 6:37 | 5:40 |  |
| 24 | Tue | 9:03 | 5.6 | 9:35 | 5.4 | 3:01 | -1.2 | 3:29 | -1.3 | 6:36 | 5:42 |  |
| 25 | Wed | 9:54 | 5.2 | 10:27 | 5.2 | 3:49 | -1.0 | 4:14 | -1.0 | 6:34 | 5:43 |  |
| 26 | Thu | 10:47 | 4.8 | 11:19 | 5.0 | 4:37 | -0.6 | 4:59 | -0.6 | 6:33 | 5:44 |  |
| 27 | Fri | 11:40 | 4.4 | | | 5:28 | -0.2 | 5:48 | -0.1 | 6:31 | 5:45 |  |
| 28 | Sat | 12:11 | 4.7 | 12:33 | 4.1 | 6:25 | 0.2 | 6:43 | 0.3 | 6:30 | 5:46 |  |