































Atlantic Highlands, NJ - Jun 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:22	5.4	1:17	4.8	7:03	0.2	7:13	0.7	5:27	8:20	
2	Wed	1:23	5.3	2:14	5.0	8:05	0.3	8:26	0.7	5:27	8:20	
3	Thu	2:22	5.2	3:11	5.2	9:07	0.2	9:36	0.6	5:27	8:21	
4	Fri	3:23	5.1	4:10	5.5	10:06	0.0	10:40	0.3	5:26	8:22	
5	Sat	4:27	5.0	5:10	5.8	11:01	-0.1	11:38	0.1	5:26	8:22	
6	Sun	5:31	5.1	6:07	6.0	11:53	-0.2			5:26	8:23	
7	Mon	6:29	5.1	6:58	6.2	12:33	-0.2	12:44	-0.3	5:26	8:24	
8	Tue	7:22	5.2	7:47	6.3	1:26	-0.3	1:34	-0.2	5:25	8:24	
9	Wed	8:12	5.2	8:33	6.2	2:18	-0.4	2:24	-0.1	5:25	8:25	
10	Thu	9:02	5.1	9:20	6.0	3:08	-0.4	3:13	0.1	5:25	8:25	
11	Fri	9:51	4.9	10:06	5.8	3:54	-0.3	3:58	0.3	5:25	8:26	
12	Sat	10:42	4.8	10:54	5.4	4:38	-0.1	4:42	0.5	5:25	8:26	
13	Sun	11:33	4.6	11:44	5.1	5:20	0.1	5:26	0.8	5:25	8:27	
14	Mon			12:25	4.5	6:03	0.3	6:12	1.1	5:25	8:27	
15	Tue	12:33	4.9	1:14	4.5	6:49	0.6	7:05	1.3	5:25	8:28	
16	Wed	1:22	4.7	2:00	4.5	7:38	0.7	8:06	1.4	5:25	8:28	
17	Thu	2:08	4.5	2:46	4.5	8:30	0.8	9:08	1.4	5:25	8:28	
18	Fri	2:56	4.3	3:32	4.6	9:21	0.8	10:05	1.3	5:25	8:29	
19	Sat	3:47	4.2	4:22	4.8	10:10	0.8	10:57	1.1	5:25	8:29	
20	Sun	4:42	4.2	5:12	5.0	10:56	0.7	11:45	0.8	5:25	8:29	
21	Mon	5:36	4.3	5:58	5.2	11:40	0.6			5:26	8:29	
22	Tue	6:26	4.4	6:41	5.5	12:32	0.6	12:25	0.5	5:26	8:30	
23	Wed	7:11	4.6	7:22	5.7	1:18	0.3	1:10	0.4	5:26	8:30	
24	Thu	7:55	4.7	8:02	5.9	2:05	0.1	1:56	0.3	5:27	8:30	
25	Fri	8:39	4.8	8:44	6.0	2:52	-0.1	2:44	0.2	5:27	8:30	
26	Sat	9:25	4.8	9:29	6.0	3:37	-0.2	3:31	0.2	5:27	8:30	
27	Sun	10:15	4.9	10:19	5.9	4:21	-0.3	4:18	0.2	5:28	8:30	
28	Mon	11:08	5.0	11:14	5.7	5:05	-0.2	5:07	0.2	5:28	8:30	
29	Tue			12:05	5.1	5:52	-0.2	6:01	0.4	5:28	8:30	
30	Wed	12:12	5.5	1:02	5.2	6:44	-0.1	7:03	0.5	5:29	8:30	