
































## Atlantic Highlands, NJ - Sep 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:37	4.5	5:07	5.4	10:57	0.7	11:40	0.5	6:23	7:28	
2	Thu	5:37	4.6	6:01	5.4	11:48	0.7			6:24	7:26	
3	Fri	6:29	4.8	6:49	5.5	12:27	0.4	12:36	0.6	6:25	7:25	
4	Sat	7:14	5.0	7:31	5.6	1:11	0.3	1:21	0.5	6:26	7:23	
5	Sun	7:55	5.1	8:10	5.6	1:52	0.2	2:05	0.5	6:27	7:22	
6	Mon	8:33	5.2	8:48	5.5	2:32	0.2	2:47	0.5	6:28	7:20	
7	Tue	9:11	5.2	9:26	5.3	3:10	0.2	3:27	0.5	6:29	7:18	
8	Wed	9:47	5.2	10:03	5.1	3:45	0.3	4:05	0.6	6:30	7:17	
9	Thu	10:22	5.1	10:40	4.8	4:18	0.4	4:41	0.8	6:31	7:15	
10	Fri	10:58	5.0	11:20	4.6	4:49	0.6	5:17	1.0	6:32	7:13	
11	Sat	11:35	4.9			5:20	0.8	5:56	1.1	6:33	7:12	
12	Sun	12:04	4.4	12:17	4.8	5:54	1.0	6:43	1.3	6:34	7:10	
13	Mon	12:53	4.2	1:05	4.9	6:36	1.1	7:47	1.4	6:35	7:08	
14	Tue	1:46	4.2	1:58	4.9	7:36	1.3	8:59	1.3	6:36	7:07	
15	Wed	2:42	4.2	2:56	5.0	8:50	1.2	10:04	1.1	6:37	7:05	
16	Thu	3:44	4.3	4:00	5.2	10:00	1.0	11:01	0.7	6:38	7:03	
17	Fri	4:49	4.6	5:07	5.5	11:02	0.7	11:53	0.3	6:39	7:02	
18	Sat	5:49	5.1	6:06	5.9	11:59	0.3			6:40	7:00	
19	Sun	6:43	5.5	6:59	6.2	12:43	-0.1	12:53	-0.1	6:41	6:58	
20	Mon	7:32	6.0	7:50	6.3	1:32	-0.4	1:48	-0.4	6:41	6:57	
21	Tue	8:21	6.3	8:39	6.3	2:21	-0.6	2:42	-0.6	6:42	6:55	
22	Wed	9:11	6.4	9:30	6.2	3:10	-0.7	3:34	-0.6	6:43	6:53	
23	Thu	10:02	6.4	10:23	5.9	3:57	-0.7	4:25	-0.5	6:44	6:52	
24	Fri	10:56	6.3	11:20	5.5	4:44	-0.5	5:16	-0.2	6:45	6:50	
25	Sat	11:53	6.0			5:32	-0.1	6:11	0.1	6:46	6:48	
26	Sun	12:19	5.2	12:51	5.7	6:25	0.3	7:12	0.5	6:47	6:46	
27	Mon	1:19	4.9	1:48	5.5	7:26	0.7	8:19	0.7	6:48	6:45	
28	Tue	2:17	4.7	2:44	5.3	8:34	1.0	9:24	0.8	6:49	6:43	
29	Wed	3:16	4.6	3:42	5.1	9:39	1.1	10:23	0.8	6:50	6:42	
30	Thu	4:16	4.5	4:40	5.1	10:37	1.0	11:14	0.7	6:51	6:40	