
































Atlantic Highlands, NJ - Oct 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:14	4.7	5:35	5.1	11:28	0.9	11:58	0.5	6:52	6:38	
2	Sat	6:05	4.9	6:23	5.2			12:15	0.7	6:53	6:37	
3	Sun	6:48	5.1	7:05	5.3	12:40	0.4	12:58	0.6	6:54	6:35	
4	Mon	7:28	5.3	7:44	5.3	1:19	0.3	1:41	0.5	6:55	6:33	
5	Tue	8:04	5.4	8:21	5.3	1:57	0.3	2:22	0.4	6:56	6:32	
6	Wed	8:39	5.4	8:57	5.2	2:34	0.3	3:02	0.4	6:57	6:30	
7	Thu	9:12	5.4	9:33	5.0	3:10	0.3	3:41	0.5	6:58	6:28	
8	Fri	9:43	5.3	10:08	4.7	3:44	0.5	4:17	0.6	6:59	6:27	
9	Sat	10:14	5.2	10:47	4.5	4:17	0.6	4:53	0.7	7:00	6:25	
10	Sun	10:48	5.1	11:31	4.3	4:48	0.8	5:30	0.9	7:01	6:24	
11	Mon	11:31	5.0			5:21	1.0	6:14	1.1	7:03	6:22	
12	Tue	12:23	4.2	12:25	5.0	6:02	1.1	7:13	1.2	7:04	6:21	
13	Wed	1:20	4.2	1:25	5.0	7:01	1.2	8:25	1.1	7:05	6:19	
14	Thu	2:18	4.3	2:27	5.1	8:21	1.2	9:33	0.9	7:06	6:18	
15	Fri	3:19	4.5	3:32	5.2	9:37	1.0	10:32	0.5	7:07	6:16	
16	Sat	4:23	4.9	4:40	5.4	10:43	0.6	11:25	0.1	7:08	6:15	
17	Sun	5:24	5.3	5:42	5.7	11:41	0.2			7:09	6:13	
18	Mon	6:20	5.8	6:38	5.9	12:15	-0.2	12:36	-0.2	7:10	6:12	
19	Tue	7:11	6.3	7:30	6.1	1:04	-0.5	1:31	-0.5	7:11	6:10	
20	Wed	8:00	6.6	8:20	6.1	1:54	-0.7	2:24	-0.7	7:12	6:09	
21	Thu	8:49	6.6	9:11	5.9	2:44	-0.7	3:17	-0.7	7:13	6:07	
22	Fri	9:39	6.5	10:04	5.6	3:32	-0.6	4:08	-0.6	7:14	6:06	
23	Sat	10:31	6.3	11:00	5.3	4:20	-0.4	4:58	-0.3	7:15	6:04	
24	Sun	11:27	5.9	11:59	5.0	5:08	0.0	5:50	0.0	7:17	6:03	
25	Mon			12:24	5.6	6:00	0.4	6:46	0.4	7:18	6:02	
26	Tue	12:59	4.7	1:21	5.3	6:58	0.8	7:49	0.6	7:19	6:00	
27	Wed	1:56	4.5	2:16	5.0	8:04	1.1	8:52	0.8	7:20	5:59	
28	Thu	2:52	4.5	3:10	4.8	9:11	1.2	9:50	0.8	7:21	5:58	
29	Fri	3:47	4.5	4:06	4.8	10:11	1.1	10:40	0.7	7:22	5:56	
30	Sat	4:42	4.6	5:01	4.8	11:03	1.0	11:24	0.5	7:23	5:55	
31	Sun	5:33	4.8	5:51	4.8	11:49	0.8			7:24	5:54	