

































Atlantic Highlands, NJ - May 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:39	5.5	10:03	6.3	3:45	-0.9	3:56	-0.6	5:53	7:52	
2	Tue	10:35	5.2	10:58	6.0	4:35	-0.8	4:45	-0.3	5:52	7:53	
3	Wed	11:34	5.0	11:55	5.7	5:26	-0.5	5:35	0.1	5:51	7:54	
4	Thu			12:34	4.8	6:20	-0.1	6:31	0.5	5:50	7:55	
5	Fri	12:54	5.3	1:33	4.6	7:20	0.2	7:36	0.8	5:49	7:56	
6	Sat	1:50	5.0	2:29	4.5	8:23	0.4	8:45	1.0	5:48	7:57	
7	Sun	2:45	4.8	3:24	4.5	9:23	0.5	9:49	1.0	5:46	7:58	
8	Mon	3:41	4.6	4:20	4.6	10:17	0.5	10:45	0.9	5:45	7:59	
9	Tue	4:38	4.5	5:14	4.7	11:04	0.5	11:35	0.7	5:44	8:00	
10	Wed	5:32	4.6	6:01	5.0	11:46	0.4			5:43	8:01	
11	Thu	6:20	4.6	6:43	5.2	12:20	0.6	12:26	0.3	5:42	8:02	
12	Fri	7:03	4.7	7:21	5.3	1:03	0.4	1:05	0.3	5:41	8:03	
13	Sat	7:43	4.7	7:57	5.4	1:46	0.3	1:44	0.3	5:40	8:04	
14	Sun	8:22	4.7	8:31	5.4	2:28	0.2	2:23	0.4	5:39	8:05	
15	Mon	9:00	4.6	9:03	5.4	3:08	0.2	3:02	0.4	5:38	8:06	
16	Tue	9:38	4.5	9:34	5.3	3:47	0.2	3:38	0.6	5:37	8:07	
17	Wed	10:18	4.3	10:08	5.2	4:24	0.3	4:13	0.7	5:37	8:08	
18	Thu	11:01	4.2	10:46	5.1	5:01	0.4	4:48	0.8	5:36	8:09	
19	Fri	11:48	4.2	11:34	5.0	5:40	0.5	5:27	0.9	5:35	8:10	
20	Sat			12:40	4.2	6:24	0.6	6:15	1.0	5:34	8:10	
21	Sun	12:31	5.0	1:33	4.3	7:19	0.7	7:20	1.1	5:33	8:11	
22	Mon	1:30	4.9	2:27	4.6	8:22	0.6	8:38	1.0	5:33	8:12	
23	Tue	2:30	4.9	3:23	4.9	9:24	0.4	9:49	0.7	5:32	8:13	
24	Wed	3:33	5.0	4:24	5.3	10:21	0.2	10:53	0.4	5:31	8:14	
25	Thu	4:40	5.0	5:24	5.7	11:15	-0.1	11:51	0.0	5:31	8:15	
26	Fri	5:44	5.2	6:20	6.1			12:07	-0.3	5:30	8:16	
27	Sat	6:42	5.3	7:12	6.4	12:47	-0.3	12:59	-0.5	5:30	8:16	
28	Sun	7:36	5.4	8:02	6.6	1:42	-0.6	1:51	-0.5	5:29	8:17	
29	Mon	8:29	5.4	8:52	6.6	2:37	-0.7	2:44	-0.5	5:28	8:18	
30	Tue	9:23	5.3	9:44	6.4	3:29	-0.7	3:36	-0.3	5:28	8:19	
31	Wed	10:18	5.2	10:38	6.0	4:19	-0.6	4:26	0.0	5:28	8:20	