

































Atlantic Highlands, NJ - Oct 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:22	4.1	1:25	4.7	6:53	1.4	8:16	1.4	6:53	6:37	
2	Mon	2:14	4.0	2:17	4.7	8:02	1.5	9:22	1.3	6:54	6:35	
3	Tue	3:09	4.1	3:14	4.8	9:15	1.4	10:20	1.1	6:55	6:34	
4	Wed	4:07	4.3	4:16	5.0	10:19	1.2	11:10	0.7	6:56	6:32	
5	Thu	5:06	4.6	5:17	5.3	11:15	0.8	11:57	0.4	6:57	6:30	
6	Fri	5:58	5.1	6:11	5.6			12:07	0.4	6:58	6:29	
7	Sat	6:46	5.6	7:00	5.9	12:43	0.0	12:58	0.0	6:59	6:27	
8	Sun	7:31	6.0	7:47	6.0	1:28	-0.3	1:50	-0.3	7:00	6:26	
9	Mon	8:16	6.3	8:34	6.0	2:15	-0.5	2:42	-0.5	7:01	6:24	
10	Tue	9:03	6.5	9:24	5.8	3:02	-0.5	3:33	-0.5	7:02	6:23	
11	Wed	9:53	6.4	10:17	5.6	3:48	-0.5	4:23	-0.4	7:03	6:21	
12	Thu	10:47	6.3	11:15	5.3	4:35	-0.3	5:15	-0.2	7:04	6:19	
13	Fri	11:46	6.0			5:24	0.0	6:11	0.1	7:05	6:18	
14	Sat	12:18	5.0	12:47	5.8	6:20	0.4	7:14	0.4	7:06	6:16	
15	Sun	1:21	4.8	1:47	5.5	7:26	0.7	8:22	0.6	7:08	6:15	
16	Mon	2:22	4.7	2:47	5.3	8:38	0.9	9:29	0.6	7:09	6:13	
17	Tue	3:23	4.7	3:47	5.2	9:47	0.9	10:27	0.5	7:10	6:12	
18	Wed	4:24	4.7	4:47	5.1	10:47	0.8	11:18	0.4	7:11	6:10	
19	Thu	5:23	4.9	5:42	5.2	11:39	0.7			7:12	6:09	
20	Fri	6:13	5.1	6:30	5.2	12:03	0.3	12:26	0.5	7:13	6:08	
21	Sat	6:56	5.4	7:12	5.3	12:44	0.2	1:10	0.4	7:14	6:06	
22	Sun	7:34	5.5	7:52	5.2	1:23	0.2	1:53	0.3	7:15	6:05	
23	Mon	8:10	5.6	8:30	5.1	2:02	0.2	2:35	0.3	7:16	6:03	
24	Tue	8:45	5.5	9:08	4.9	2:39	0.3	3:15	0.3	7:17	6:02	
25	Wed	9:19	5.4	9:46	4.7	3:15	0.4	3:53	0.4	7:19	6:01	
26	Thu	9:52	5.3	10:26	4.5	3:49	0.5	4:30	0.5	7:20	5:59	
27	Fri	10:25	5.1	11:09	4.2	4:23	0.7	5:07	0.7	7:21	5:58	
28	Sat	11:02	4.9	11:57	4.1	4:55	0.9	5:46	0.9	7:22	5:57	
29	Sun	11:46	4.8			5:30	1.1	6:32	1.1	7:23	5:55	
30	Mon	12:50	4.0	12:40	4.7	6:14	1.3	7:31	1.2	7:24	5:54	
31	Tue	1:42	4.0	1:37	4.7	7:18	1.4	8:38	1.1	7:25	5:53	