
































Atlantic Highlands, NJ - Nov 2056

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:35	4.1	2:35	4.8	8:37	1.3	9:39	0.8	7:27	5:52	
2	Thu	3:31	4.4	3:36	4.9	9:48	1.1	10:33	0.5	7:28	5:51	
3	Fri	4:29	4.8	4:40	5.1	10:49	0.7	11:22	0.1	7:29	5:50	
4	Sat	5:25	5.2	5:40	5.3	11:44	0.2			7:30	5:48	
5	Sun	5:17	5.8	5:35	5.5	12:10	-0.2	11:57	-0.5	6:31	4:47	
6	Mon	6:06	6.2	6:25	5.7			12:31	-0.5	6:32	4:46	
7	Tue	6:54	6.5	7:15	5.7	12:46	-0.6	1:24	-0.7	6:33	4:45	
8	Wed	7:43	6.6	8:07	5.6	1:36	-0.7	2:17	-0.8	6:35	4:44	
9	Thu	8:33	6.5	9:02	5.3	2:26	-0.6	3:08	-0.7	6:36	4:43	
10	Fri	9:28	6.3	10:00	5.1	3:16	-0.4	4:00	-0.5	6:37	4:42	
11	Sat	10:26	5.9	11:03	4.8	4:07	-0.1	4:54	-0.2	6:38	4:41	
12	Sun	11:26	5.6			5:02	0.3	5:52	0.1	6:39	4:40	
13	Mon	12:05	4.7	12:26	5.3	6:06	0.7	6:56	0.3	6:40	4:40	
14	Tue	1:04	4.6	1:23	5.0	7:16	0.9	8:00	0.4	6:42	4:39	
15	Wed	2:01	4.6	2:19	4.8	8:24	0.9	8:57	0.4	6:43	4:38	
16	Thu	2:58	4.6	3:15	4.7	9:24	0.8	9:46	0.3	6:44	4:37	
17	Fri	3:53	4.7	4:11	4.6	10:16	0.7	10:30	0.3	6:45	4:36	
18	Sat	4:43	4.9	5:00	4.7	11:02	0.5	11:10	0.2	6:46	4:36	
19	Sun	5:27	5.1	5:45	4.7	11:46	0.3	11:49	0.2	6:47	4:35	
20	Mon	6:06	5.3	6:26	4.7			12:28	0.2	6:48	4:34	
21	Tue	6:42	5.4	7:05	4.7	12:28	0.2	1:10	0.1	6:50	4:34	
22	Wed	7:17	5.4	7:43	4.6	1:06	0.2	1:52	0.1	6:51	4:33	
23	Thu	7:50	5.3	8:21	4.4	1:45	0.3	2:31	0.1	6:52	4:33	
24	Fri	8:23	5.2	9:01	4.2	2:22	0.4	3:09	0.2	6:53	4:32	
25	Sat	8:55	5.0	9:42	4.1	2:58	0.5	3:46	0.3	6:54	4:32	
26	Sun	9:30	4.9	10:28	3.9	3:33	0.7	4:23	0.5	6:55	4:31	
27	Mon	10:13	4.8	11:18	3.9	4:09	0.8	5:04	0.6	6:56	4:31	
28	Tue	11:06	4.7			4:51	0.9	5:54	0.6	6:57	4:31	
29	Wed	12:11	4.0	12:04	4.6	5:47	1.0	6:54	0.6	6:58	4:30	
30	Thu	1:03	4.2	1:02	4.6	7:03	1.0	7:56	0.5	6:59	4:30	