






























## Atlantic Highlands, NJ - Feb 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:13	5.3	5:41	4.4	11:45	-0.7	11:52	-0.7	7:04	5:14	
2	Fri	6:08	5.5	6:35	4.6			12:38	-0.9	7:03	5:16	
3	Sat	6:58	5.6	7:26	4.7	12:47	-0.8	1:29	-1.0	7:02	5:17	
4	Sun	7:46	5.6	8:14	4.8	1:39	-0.8	2:17	-1.1	7:01	5:18	
5	Mon	8:33	5.4	9:02	4.7	2:28	-0.8	3:01	-1.0	7:00	5:19	
6	Tue	9:20	5.2	9:49	4.6	3:14	-0.6	3:42	-0.9	6:59	5:21	
7	Wed	10:06	4.8	10:36	4.5	3:57	-0.4	4:21	-0.6	6:58	5:22	
8	Thu	10:53	4.5	11:23	4.3	4:40	-0.1	5:00	-0.3	6:57	5:23	
9	Fri	11:41	4.1			5:27	0.3	5:41	0.1	6:55	5:24	
10	Sat	12:09	4.2	12:29	3.8	6:20	0.5	6:27	0.3	6:54	5:25	
11	Sun	12:54	4.1	1:17	3.6	7:21	0.7	7:21	0.5	6:53	5:27	
12	Mon	1:41	4.0	2:08	3.4	8:24	0.8	8:19	0.6	6:52	5:28	
13	Tue	2:32	4.0	3:06	3.4	9:23	0.7	9:16	0.6	6:50	5:29	
14	Wed	3:29	4.0	4:07	3.4	10:16	0.5	10:09	0.5	6:49	5:30	
15	Thu	4:27	4.2	5:03	3.6	11:05	0.3	10:58	0.3	6:48	5:31	
16	Fri	5:18	4.5	5:50	3.9	11:50	0.0	11:45	0.1	6:47	5:33	
17	Sat	6:01	4.7	6:32	4.1			12:34	-0.2	6:45	5:34	
18	Sun	6:41	4.9	7:11	4.3	12:31	-0.1	1:17	-0.4	6:44	5:35	
19	Mon	7:19	5.1	7:50	4.5	1:17	-0.3	1:58	-0.6	6:43	5:36	
20	Tue	7:58	5.2	8:29	4.7	2:01	-0.5	2:37	-0.7	6:41	5:37	
21	Wed	8:38	5.1	9:11	4.8	2:44	-0.6	3:14	-0.7	6:40	5:38	
22	Thu	9:22	5.0	9:56	4.9	3:27	-0.6	3:52	-0.7	6:38	5:40	
23	Fri	10:10	4.7	10:47	4.9	4:12	-0.5	4:32	-0.5	6:37	5:41	
24	Sat	11:04	4.5	11:42	4.9	5:01	-0.3	5:17	-0.3	6:35	5:42	
25	Sun			12:03	4.2	6:01	0.0	6:14	-0.1	6:34	5:43	
26	Mon	12:40	4.9	1:04	4.1	7:13	0.1	7:25	0.1	6:32	5:44	
27	Tue	1:41	4.8	2:09	3.9	8:26	0.2	8:38	0.1	6:31	5:45	
28	Wed	2:46	4.8	3:19	4.0	9:34	0.0	9:45	0.0	6:29	5:46	