
































Atlantic Highlands, NJ - Jun 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:52	4.6	8:03	5.6	1:58	0.3	1:49	0.4	5:27	8:20	
2	Sat	8:32	4.6	8:39	5.5	2:40	0.2	2:30	0.5	5:27	8:21	
3	Sun	9:13	4.5	9:13	5.4	3:21	0.2	3:09	0.6	5:27	8:21	
4	Mon	9:54	4.4	9:48	5.2	3:59	0.3	3:48	0.7	5:26	8:22	
5	Tue	10:37	4.2	10:23	5.1	4:37	0.4	4:24	0.9	5:26	8:23	
6	Wed	11:22	4.2	11:03	4.9	5:13	0.5	5:00	1.0	5:26	8:23	
7	Thu			12:09	4.1	5:51	0.6	5:39	1.2	5:25	8:24	
8	Fri			12:56	4.2	6:33	0.7	6:27	1.3	5:25	8:25	
9	Sat	12:40	4.8	1:42	4.4	7:23	0.8	7:31	1.3	5:25	8:25	
10	Sun	1:33	4.7	2:30	4.6	8:19	0.7	8:44	1.2	5:25	8:26	
11	Mon	2:28	4.7	3:21	4.9	9:17	0.6	9:52	0.9	5:25	8:26	
12	Tue	3:28	4.7	4:18	5.3	10:12	0.4	10:53	0.5	5:25	8:27	
13	Wed	4:33	4.8	5:17	5.7	11:05	0.1	11:50	0.2	5:25	8:27	
14	Thu	5:38	4.9	6:13	6.1	11:57	-0.1			5:25	8:27	
15	Fri	6:37	5.0	7:06	6.4	12:46	-0.2	12:50	-0.2	5:25	8:28	
16	Sat	7:33	5.2	7:58	6.6	1:42	-0.4	1:45	-0.3	5:25	8:28	
17	Sun	8:27	5.3	8:50	6.6	2:37	-0.6	2:41	-0.3	5:25	8:29	
18	Mon	9:23	5.3	9:44	6.4	3:31	-0.7	3:36	-0.3	5:25	8:29	
19	Tue	10:21	5.2	10:40	6.2	4:22	-0.7	4:29	-0.1	5:25	8:29	
20	Wed	11:20	5.1	11:38	5.8	5:12	-0.5	5:22	0.2	5:26	8:29	
21	Thu			12:20	5.1	6:03	-0.3	6:18	0.5	5:26	8:30	
22	Fri	12:35	5.5	1:16	5.0	6:57	0.0	7:20	0.8	5:26	8:30	
23	Sat	1:30	5.2	2:09	5.0	7:53	0.2	8:25	1.0	5:26	8:30	
24	Sun	2:21	4.9	2:59	5.0	8:48	0.4	9:28	1.0	5:27	8:30	
25	Mon	3:13	4.6	3:50	5.0	9:40	0.5	10:25	0.9	5:27	8:30	
26	Tue	4:06	4.4	4:41	5.1	10:28	0.6	11:16	0.8	5:27	8:30	
27	Wed	5:02	4.3	5:31	5.2	11:12	0.6			5:28	8:30	
28	Thu	5:54	4.3	6:16	5.3	12:02	0.7	11:54 AM	0.6	5:28	8:30	
29	Fri	6:42	4.4	6:58	5.4	12:47	0.6	12:36	0.6	5:29	8:30	
30	Sat	7:26	4.4	7:37	5.5	1:31	0.5	1:19	0.6	5:29	8:30	