
































Atlantic Highlands, NJ - Nov 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:36	5.8			5:15	0.2	6:08	0.1	7:26	5:52	
2	Fri	12:14	4.7	12:40	5.6	6:12	0.5	7:11	0.3	7:27	5:51	
3	Sat	1:19	4.6	1:43	5.4	7:22	0.7	8:20	0.4	7:29	5:50	
4	Sun	1:21	4.6	1:43	5.2	7:38	0.8	8:26	0.3	6:30	4:49	
5	Mon	2:23	4.7	2:45	5.1	8:48	0.7	9:24	0.2	6:31	4:48	
6	Tue	3:25	4.9	3:46	5.1	9:49	0.6	10:15	0.1	6:32	4:47	
7	Wed	4:23	5.1	4:42	5.1	10:43	0.4	11:01	0.0	6:33	4:45	
8	Thu	5:14	5.4	5:32	5.1	11:32	0.2	11:43	-0.1	6:34	4:44	
9	Fri	5:58	5.6	6:16	5.1			12:18	0.1	6:36	4:43	
10	Sat	6:37	5.7	6:58	5.0	12:25	0.0	1:03	0.0	6:37	4:42	
11	Sun	7:15	5.7	7:38	4.9	1:05	0.0	1:46	0.0	6:38	4:42	
12	Mon	7:52	5.6	8:19	4.7	1:44	0.2	2:27	0.1	6:39	4:41	
13	Tue	8:28	5.4	9:00	4.5	2:21	0.3	3:06	0.2	6:40	4:40	
14	Wed	9:04	5.2	9:45	4.2	2:58	0.5	3:45	0.4	6:41	4:39	
15	Thu	9:43	4.9	10:33	4.0	3:33	0.7	4:23	0.6	6:42	4:38	
16	Fri	10:26	4.7	11:25	3.9	4:09	1.0	5:05	0.8	6:44	4:37	
17	Sat	11:14	4.5			4:49	1.2	5:54	0.9	6:45	4:37	
18	Sun	12:16	3.9	12:06	4.4	5:40	1.4	6:52	1.0	6:46	4:36	
19	Mon	1:05	3.9	12:57	4.4	6:48	1.4	7:52	0.9	6:47	4:35	
20	Tue	1:54	4.1	1:50	4.4	8:00	1.3	8:46	0.7	6:48	4:35	
21	Wed	2:45	4.3	2:46	4.5	9:04	1.0	9:35	0.5	6:49	4:34	
22	Thu	3:38	4.7	3:46	4.6	9:59	0.7	10:21	0.2	6:50	4:33	
23	Fri	4:29	5.1	4:43	4.8	10:51	0.2	11:06	-0.1	6:52	4:33	
24	Sat	5:18	5.6	5:35	5.0	11:42	-0.1	11:52	-0.3	6:53	4:32	
25	Sun	6:04	6.0	6:24	5.1			12:34	-0.4	6:54	4:32	
26	Mon	6:50	6.2	7:13	5.1	12:40	-0.5	1:26	-0.7	6:55	4:31	
27	Tue	7:38	6.3	8:04	5.1	1:30	-0.6	2:18	-0.8	6:56	4:31	
28	Wed	8:28	6.3	8:59	4.9	2:21	-0.5	3:09	-0.8	6:57	4:31	
29	Thu	9:23	6.1	9:59	4.8	3:12	-0.4	4:00	-0.6	6:58	4:30	
30	Fri	10:23	5.8	11:03	4.7	4:05	-0.2	4:53	-0.4	6:59	4:30	