

































Atlantic Highlands, NJ - Dec 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:25	5.5			5:02	0.1	5:52	-0.2	7:00	4:30	
2	Sun	12:06	4.6	12:25	5.2	6:08	0.4	6:55	0.0	7:01	4:30	
3	Mon	1:05	4.6	1:23	4.9	7:19	0.6	7:57	0.0	7:02	4:29	
4	Tue	2:02	4.7	2:19	4.7	8:28	0.6	8:54	0.0	7:03	4:29	
5	Wed	2:59	4.7	3:17	4.5	9:29	0.5	9:45	0.0	7:04	4:29	
6	Thu	3:55	4.9	4:14	4.5	10:23	0.3	10:31	0.0	7:05	4:29	
7	Fri	4:47	5.0	5:06	4.5	11:11	0.2	11:13	0.0	7:06	4:29	
8	Sat	5:32	5.2	5:52	4.5	11:57	0.1	11:54	0.0	7:07	4:29	
9	Sun	6:12	5.3	6:35	4.5			12:41	0.0	7:07	4:29	
10	Mon	6:50	5.3	7:16	4.4	12:34	0.0	1:24	-0.1	7:08	4:29	
11	Tue	7:27	5.3	7:56	4.3	1:15	0.1	2:05	-0.1	7:09	4:29	
12	Wed	8:02	5.2	8:37	4.2	1:55	0.2	2:44	0.0	7:10	4:29	
13	Thu	8:38	5.0	9:19	4.0	2:34	0.3	3:22	0.0	7:10	4:30	
14	Fri	9:14	4.8	10:03	3.9	3:11	0.4	3:59	0.2	7:11	4:30	
15	Sat	9:52	4.6	10:49	3.8	3:47	0.6	4:35	0.3	7:12	4:30	
16	Sun	10:34	4.4	11:37	3.8	4:24	0.7	5:15	0.4	7:13	4:30	
17	Mon	11:21	4.3			5:06	0.9	6:00	0.5	7:13	4:31	
18	Tue	12:23	3.8	12:12	4.2	6:02	1.0	6:54	0.5	7:14	4:31	
19	Wed	1:09	4.0	1:05	4.2	7:13	1.0	7:52	0.4	7:14	4:32	
20	Thu	1:58	4.3	2:01	4.2	8:24	0.8	8:48	0.2	7:15	4:32	
21	Fri	2:52	4.6	3:04	4.2	9:27	0.4	9:41	0.0	7:15	4:33	
22	Sat	3:50	5.0	4:09	4.3	10:25	0.0	10:33	-0.3	7:16	4:33	
23	Sun	4:47	5.4	5:10	4.5	11:20	-0.3	11:25	-0.5	7:16	4:34	
24	Mon	5:41	5.8	6:05	4.7			12:15	-0.7	7:17	4:34	
25	Tue	6:32	6.1	6:59	4.8	12:18	-0.7	1:09	-0.9	7:17	4:35	
26	Wed	7:23	6.2	7:52	4.9	1:13	-0.8	2:03	-1.1	7:17	4:36	
27	Thu	8:16	6.1	8:47	4.9	2:07	-0.9	2:54	-1.2	7:18	4:36	
28	Fri	9:10	5.9	9:45	4.8	3:00	-0.8	3:44	-1.1	7:18	4:37	
29	Sat	10:07	5.6	10:45	4.7	3:53	-0.6	4:34	-0.9	7:18	4:38	
30	Sun	11:05	5.3	11:44	4.6	4:47	-0.3	5:26	-0.6	7:18	4:38	
31	Mon			12:02	4.9	5:46	0.1	6:22	-0.4	7:18	4:39	