

































Atlantic Highlands, NJ - Jan 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:40	4.6	12:55	4.6	6:52	0.3	7:20	-0.2	7:19	4:40	
2	Wed	1:33	4.5	1:48	4.3	7:58	0.4	8:15	0.0	7:19	4:41	
3	Thu	2:25	4.5	2:42	4.0	9:01	0.4	9:07	0.1	7:19	4:42	
4	Fri	3:19	4.5	3:39	3.9	9:56	0.3	9:55	0.1	7:19	4:43	
5	Sat	4:12	4.6	4:36	3.8	10:46	0.2	10:40	0.1	7:19	4:44	
6	Sun	5:01	4.7	5:26	3.9	11:32	0.1	11:23	0.1	7:19	4:45	
7	Mon	5:45	4.8	6:11	3.9			12:16	0.0	7:19	4:46	
8	Tue	6:26	4.9	6:53	4.0	12:06	0.1	1:00	-0.1	7:18	4:47	
9	Wed	7:04	4.9	7:34	4.0	12:49	0.0	1:42	-0.2	7:18	4:48	
10	Thu	7:40	4.9	8:13	4.0	1:31	0.0	2:21	-0.2	7:18	4:49	
11	Fri	8:16	4.8	8:53	3.9	2:12	0.1	2:59	-0.2	7:18	4:50	
12	Sat	8:50	4.7	9:32	3.9	2:50	0.1	3:33	-0.2	7:17	4:51	
13	Sun	9:24	4.5	10:12	3.8	3:26	0.2	4:07	-0.1	7:17	4:52	
14	Mon	10:01	4.4	10:54	3.9	4:02	0.3	4:39	0.0	7:17	4:53	
15	Tue	10:45	4.2	11:38	4.0	4:41	0.4	5:15	0.1	7:16	4:54	
16	Wed	11:34	4.1			5:28	0.5	5:58	0.2	7:16	4:55	
17	Thu	12:26	4.1	12:29	4.0	6:32	0.6	6:54	0.2	7:15	4:56	
18	Fri	1:16	4.3	1:26	3.9	7:48	0.5	8:00	0.1	7:15	4:57	
19	Sat	2:13	4.6	2:31	3.8	9:00	0.3	9:05	0.0	7:14	4:59	
20	Sun	3:17	4.8	3:43	3.9	10:04	0.0	10:07	-0.3	7:14	5:00	
21	Mon	4:23	5.2	4:52	4.1	11:03	-0.4	11:05	-0.5	7:13	5:01	
22	Tue	5:24	5.5	5:52	4.4	11:59	-0.7			7:12	5:02	
23	Wed	6:19	5.8	6:47	4.7	12:03	-0.8	12:54	-1.0	7:12	5:03	
24	Thu	7:12	5.9	7:40	4.8	1:00	-0.9	1:47	-1.2	7:11	5:04	
25	Fri	8:03	5.9	8:33	4.9	1:55	-1.0	2:37	-1.4	7:10	5:06	
26	Sat	8:55	5.8	9:27	4.9	2:48	-1.0	3:24	-1.3	7:10	5:07	
27	Sun	9:47	5.5	10:21	4.8	3:38	-0.8	4:10	-1.1	7:09	5:08	
28	Mon	10:40	5.1	11:14	4.7	4:27	-0.6	4:56	-0.8	7:08	5:09	
29	Tue	11:32	4.7			5:20	-0.2	5:43	-0.5	7:07	5:10	
30	Wed	12:06	4.6	12:24	4.3	6:18	0.2	6:35	-0.1	7:06	5:12	
31	Thu	12:56	4.4	1:15	4.0	7:21	0.4	7:30	0.2	7:05	5:13	