

































## Atlantic Highlands, NJ - Aug 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:16	4.5	5:49	5.9	11:31	0.3			5:54	8:10	
2	Fri	6:21	4.8	6:48	6.2	12:30	0.1	12:30	0.1	5:55	8:09	
3	Sat	7:18	5.1	7:42	6.5	1:25	-0.2	1:28	-0.1	5:56	8:08	
4	Sun	8:12	5.4	8:34	6.5	2:19	-0.5	2:26	-0.3	5:57	8:07	
5	Mon	9:06	5.5	9:27	6.4	3:11	-0.7	3:22	-0.3	5:57	8:06	
6	Tue	10:00	5.6	10:20	6.2	4:00	-0.8	4:14	-0.3	5:58	8:05	
7	Wed	10:55	5.6	11:14	5.9	4:46	-0.7	5:05	-0.1	5:59	8:04	
8	Thu	11:50	5.6			5:32	-0.4	5:58	0.2	6:00	8:02	
9	Fri	12:08	5.5	12:44	5.5	6:20	-0.1	6:55	0.6	6:01	8:01	
10	Sat	1:02	5.1	1:36	5.4	7:11	0.3	7:58	0.8	6:02	8:00	
11	Sun	1:55	4.8	2:26	5.2	8:05	0.6	9:03	1.0	6:03	7:58	
12	Mon	2:47	4.5	3:17	5.1	9:02	0.8	10:04	1.0	6:04	7:57	
13	Tue	3:43	4.3	4:11	5.0	9:58	1.0	10:59	0.9	6:05	7:56	
14	Wed	4:42	4.2	5:07	5.0	10:50	1.0	11:48	0.8	6:06	7:54	
15	Thu	5:40	4.2	5:59	5.1	11:38	1.0			6:07	7:53	
16	Fri	6:31	4.4	6:45	5.2	12:33	0.7	12:24	0.9	6:08	7:52	
17	Sat	7:15	4.6	7:26	5.4	1:16	0.6	1:09	0.8	6:09	7:50	
18	Sun	7:56	4.7	8:04	5.4	1:58	0.4	1:53	0.7	6:10	7:49	
19	Mon	8:35	4.8	8:40	5.4	2:38	0.3	2:36	0.6	6:11	7:47	
20	Tue	9:13	4.9	9:14	5.3	3:16	0.3	3:17	0.6	6:12	7:46	
21	Wed	9:49	4.9	9:46	5.2	3:50	0.3	3:55	0.7	6:13	7:45	
22	Thu	10:24	4.9	10:20	5.0	4:23	0.4	4:32	0.7	6:14	7:43	
23	Fri	11:00	4.9	10:58	4.8	4:53	0.5	5:09	0.8	6:15	7:42	
24	Sat	11:40	5.0	11:43	4.6	5:22	0.6	5:49	0.9	6:16	7:40	
25	Sun			12:26	5.1	5:56	0.7	6:40	1.1	6:17	7:39	
26	Mon	12:37	4.5	1:18	5.2	6:39	0.8	7:48	1.1	6:18	7:37	
27	Tue	1:35	4.4	2:14	5.3	7:42	0.9	9:04	1.1	6:19	7:35	
28	Wed	2:38	4.3	3:16	5.4	9:00	0.9	10:14	0.8	6:20	7:34	
29	Thu	3:47	4.4	4:25	5.6	10:14	0.7	11:15	0.5	6:21	7:32	
30	Fri	5:01	4.6	5:33	5.9	11:19	0.4			6:22	7:31	
31	Sat	6:06	5.0	6:33	6.2	12:11	0.1	12:18	0.1	6:23	7:29	