

































Atlantic Highlands, NJ - Jan 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:54	4.8	9:35	3.9	2:47	0.2	3:34	-0.1	7:19	4:40	
2	Thu	9:34	4.5	10:20	3.8	3:26	0.3	4:09	0.0	7:19	4:41	
3	Fri	10:14	4.3	11:06	3.8	4:03	0.5	4:45	0.2	7:19	4:42	
4	Sat	10:57	4.1	11:51	3.8	4:42	0.7	5:22	0.3	7:19	4:42	
5	Sun	11:41	3.9			5:27	0.8	6:04	0.4	7:19	4:43	
6	Mon	12:34	3.8	12:27	3.8	6:25	1.0	6:54	0.5	7:19	4:44	
7	Tue	1:17	4.0	1:15	3.7	7:33	0.9	7:49	0.5	7:19	4:45	
8	Wed	2:03	4.1	2:09	3.6	8:40	0.8	8:46	0.4	7:18	4:46	
9	Thu	2:56	4.4	3:12	3.6	9:40	0.5	9:40	0.2	7:18	4:47	
10	Fri	3:54	4.7	4:19	3.7	10:36	0.1	10:33	0.0	7:18	4:48	
11	Sat	4:51	5.0	5:18	3.9	11:29	-0.2	11:26	-0.3	7:18	4:49	
12	Sun	5:44	5.4	6:12	4.2			12:22	-0.6	7:17	4:50	
13	Mon	6:34	5.7	7:03	4.4	12:19	-0.5	1:14	-0.9	7:17	4:51	
14	Tue	7:24	5.9	7:54	4.6	1:14	-0.7	2:05	-1.1	7:17	4:53	
15	Wed	8:15	5.9	8:46	4.7	2:08	-0.8	2:54	-1.2	7:16	4:54	
16	Thu	9:08	5.8	9:41	4.8	3:00	-0.9	3:41	-1.2	7:16	4:55	
17	Fri	10:02	5.5	10:38	4.8	3:51	-0.8	4:28	-1.1	7:15	4:56	
18	Sat	10:58	5.2	11:35	4.8	4:44	-0.5	5:17	-0.9	7:15	4:57	
19	Sun	11:54	4.8			5:43	-0.2	6:10	-0.6	7:14	4:58	
20	Mon	12:31	4.7	12:49	4.5	6:48	0.1	7:08	-0.3	7:14	4:59	
21	Tue	1:25	4.7	1:44	4.1	7:57	0.2	8:07	-0.1	7:13	5:01	
22	Wed	2:19	4.6	2:42	3.8	9:03	0.2	9:04	0.0	7:13	5:02	
23	Thu	3:17	4.5	3:44	3.7	10:02	0.2	9:58	0.1	7:12	5:03	
24	Fri	4:16	4.5	4:45	3.7	10:55	0.1	10:48	0.1	7:11	5:04	
25	Sat	5:10	4.6	5:38	3.8	11:43	0.0	11:35	0.1	7:11	5:05	
26	Sun	5:57	4.7	6:24	3.9			12:29	-0.1	7:10	5:07	
27	Mon	6:39	4.8	7:07	4.0	12:21	0.0	1:13	-0.2	7:09	5:08	
28	Tue	7:18	4.8	7:47	4.1	1:05	0.0	1:54	-0.3	7:08	5:09	
29	Wed	7:56	4.8	8:26	4.1	1:48	-0.1	2:31	-0.3	7:07	5:10	
30	Thu	8:32	4.7	9:05	4.1	2:28	0.0	3:06	-0.3	7:06	5:11	
31	Fri	9:07	4.5	9:44	4.0	3:05	0.0	3:39	-0.2	7:05	5:13	