































Atlantic Highlands, NJ - Aug 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:15	4.9	2:50	5.5	8:33	0.3	9:32	0.8	5:53	8:11	
2	Sat	3:12	4.6	3:46	5.4	9:32	0.5	10:34	0.7	5:54	8:10	
3	Sun	4:13	4.4	4:45	5.3	10:29	0.6	11:30	0.6	5:55	8:08	
4	Mon	5:16	4.3	5:43	5.4	11:22	0.7			5:56	8:07	
5	Tue	6:14	4.4	6:34	5.4	12:21	0.5	12:12	0.7	5:57	8:06	
6	Wed	7:04	4.6	7:19	5.5	1:09	0.4	1:00	0.7	5:58	8:05	
7	Thu	7:49	4.7	8:01	5.5	1:54	0.4	1:47	0.6	5:59	8:04	
8	Fri	8:31	4.8	8:40	5.4	2:37	0.3	2:32	0.6	6:00	8:03	
9	Sat	9:12	4.8	9:17	5.3	3:16	0.3	3:14	0.6	6:01	8:01	
10	Sun	9:52	4.8	9:54	5.2	3:52	0.3	3:53	0.7	6:02	8:00	
11	Mon	10:32	4.8	10:30	4.9	4:26	0.4	4:31	0.8	6:03	7:59	
12	Tue	11:12	4.7	11:07	4.7	4:57	0.5	5:07	1.0	6:04	7:57	
13	Wed	11:52	4.7	11:46	4.5	5:27	0.7	5:45	1.1	6:05	7:56	
14	Thu			12:32	4.7	5:57	0.8	6:29	1.3	6:06	7:55	
15	Fri	12:30	4.3	1:13	4.7	6:31	1.0	7:25	1.4	6:07	7:53	
16	Sat	1:17	4.1	1:57	4.8	7:17	1.1	8:34	1.4	6:08	7:52	
17	Sun	2:10	4.0	2:47	5.0	8:21	1.2	9:43	1.2	6:09	7:51	
18	Mon	3:09	4.0	3:46	5.1	9:32	1.1	10:45	1.0	6:10	7:49	
19	Tue	4:18	4.1	4:52	5.4	10:38	0.9	11:41	0.6	6:11	7:48	
20	Wed	5:27	4.3	5:54	5.7	11:38	0.6			6:12	7:46	
21	Thu	6:27	4.7	6:50	6.1	12:34	0.2	12:35	0.3	6:13	7:45	
22	Fri	7:20	5.1	7:41	6.3	1:25	-0.1	1:31	0.0	6:14	7:43	
23	Sat	8:10	5.5	8:31	6.4	2:16	-0.4	2:26	-0.2	6:15	7:42	
24	Sun	9:01	5.8	9:21	6.4	3:04	-0.6	3:20	-0.3	6:16	7:40	
25	Mon	9:52	5.9	10:13	6.1	3:51	-0.7	4:12	-0.3	6:17	7:39	
26	Tue	10:45	6.0	11:06	5.8	4:36	-0.7	5:03	-0.1	6:18	7:37	
27	Wed	11:39	5.9			5:21	-0.4	5:56	0.2	6:18	7:36	
28	Thu	12:02	5.4	12:35	5.7	6:09	-0.1	6:55	0.5	6:19	7:34	
29	Fri	1:00	5.0	1:30	5.6	7:02	0.3	8:01	0.8	6:20	7:33	
30	Sat	1:56	4.7	2:25	5.4	8:03	0.7	9:10	0.9	6:21	7:31	
31	Sun	2:53	4.5	3:21	5.2	9:07	0.9	10:14	0.9	6:22	7:30	