

































## Atlantic Highlands, NJ - Oct 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:33	4.4	4:52	4.8	10:43	1.2	11:31	0.8	6:52	6:38	
2	Thu	5:29	4.5	5:45	4.9	11:33	1.1			6:53	6:37	
3	Fri	6:17	4.8	6:30	5.1	12:12	0.7	12:18	0.9	6:54	6:35	
4	Sat	6:58	5.1	7:10	5.2	12:51	0.5	1:01	0.7	6:55	6:33	
5	Sun	7:36	5.3	7:46	5.2	1:28	0.4	1:43	0.6	6:56	6:32	
6	Mon	8:11	5.4	8:21	5.1	2:05	0.4	2:24	0.5	6:57	6:30	
7	Tue	8:44	5.4	8:54	5.0	2:40	0.4	3:04	0.5	6:58	6:28	
8	Wed	9:15	5.4	9:26	4.8	3:14	0.5	3:42	0.5	6:59	6:27	
9	Thu	9:46	5.4	9:59	4.6	3:45	0.6	4:19	0.6	7:00	6:25	
10	Fri	10:18	5.3	10:37	4.4	4:15	0.7	4:55	0.7	7:01	6:24	
11	Sat	10:56	5.2	11:24	4.2	4:45	0.9	5:36	0.9	7:03	6:22	
12	Sun	11:46	5.1			5:19	1.1	6:25	1.0	7:04	6:21	
13	Mon	12:24	4.1	12:47	5.1	6:04	1.2	7:33	1.1	7:05	6:19	
14	Tue	1:29	4.1	1:52	5.1	7:16	1.3	8:48	1.0	7:06	6:17	
15	Wed	2:33	4.2	2:57	5.2	8:48	1.3	9:54	0.8	7:07	6:16	
16	Thu	3:39	4.5	4:04	5.3	10:05	0.9	10:51	0.4	7:08	6:14	
17	Fri	4:45	4.9	5:10	5.6	11:08	0.5	11:42	0.0	7:09	6:13	
18	Sat	5:46	5.4	6:09	5.8			12:05	0.1	7:10	6:11	
19	Sun	6:39	5.9	7:01	6.0	12:31	-0.4	1:00	-0.2	7:11	6:10	
20	Mon	7:28	6.3	7:50	6.0	1:19	-0.6	1:53	-0.4	7:12	6:09	
21	Tue	8:15	6.5	8:39	5.9	2:08	-0.7	2:46	-0.5	7:13	6:07	
22	Wed	9:02	6.5	9:29	5.6	2:55	-0.6	3:37	-0.5	7:14	6:06	
23	Thu	9:50	6.3	10:21	5.3	3:42	-0.4	4:26	-0.3	7:15	6:04	
24	Fri	10:41	5.9	11:17	4.9	4:27	-0.1	5:14	0.0	7:17	6:03	
25	Sat	11:35	5.6			5:13	0.4	6:06	0.4	7:18	6:02	
26	Sun	12:15	4.6	12:32	5.2	6:02	0.8	7:04	0.7	7:19	6:00	
27	Mon	1:14	4.4	1:28	4.9	6:59	1.2	8:09	1.0	7:20	5:59	
28	Tue	2:10	4.2	2:23	4.7	8:07	1.4	9:12	1.0	7:21	5:58	
29	Wed	3:05	4.2	3:17	4.6	9:15	1.4	10:07	0.9	7:22	5:56	
30	Thu	4:00	4.3	4:13	4.5	10:14	1.3	10:53	0.8	7:23	5:55	
31	Fri	4:54	4.5	5:07	4.6	11:05	1.1	11:34	0.6	7:25	5:54	